# Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

# **Part I: GENERAL INFORMATION**

Plan Name: Cigna Dental Health of California, Inc.

Type of Product Line: DHMO

Effective Date: Beginning on or after 01/012025

Name of Product: Q6I00

Plan Phone #: 1-800-Cigna24

Plan Website: www.cigna.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE PLAN WEBSITE www.cigna.com OR CALL 1-800-Cigna24.

#### THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

#### Part II: DEDUCTIBLES

Deductible	In-Network	Out-of-Network
Dental	None	None
Orthodontia	None	None

- There is no deductible.
- A **deductible** is the amount you are required to pay for covered dental services each plan year before the plan begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your plan to provide dental services.
- Out-of-network services are dental care services provided by dentists or other licensed dental care providers that are not contracted with your plan.

State of California, Health and Human Services Agency-Dept of Managed Health Care: DMHC 10-278, Effective 01/01/23.

### Part III: MAXIMUMS PLAN WILL PAY

Maximums	In-Network	Out-of-Network
Annual Maximum	Not applicable	Not applicable
Lifetime and Annual Maximum for Orthodontia	Not applicable	Not applicable

- **Annual maximum** is the maximum dollar amount your plan will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your plan providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

# **Part IV: WAITING PERIODS**

**Waiting Periods**: A waiting period is the amount of time that must pass before you are eligible to receive benefits or services for all or certain dental treatments. **Your dental benefit package has no waiting periods for covered services, once you are enrolled.** 

# Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions For complete coverage details, exclusions and limitations, please see your Patient Charge Schedule and your Plan Booklet.
Oral Exam	Preventive & Diagnostic	0%	Not Covered	Oral evaluations are limited to a combined total of 4 comprehensive or periodic evaluations during a 12 consecutive month period.
Bitewing X-ray	Preventive & Diagnostic	0%	Not Covered	Not applicable

Cleaning	Preventive & Diagnostic	0%	Not Covered	Limited to 2 per year; additional cleanings per year are available at the co-pay listed on your Patient Charge Schedule.
Filling	Basic	10%	Not Covered	Not applicable
Extraction, Erupted Tooth or Exposed Root	Basic	10%	Not Covered	Not applicable
Root Canal	Major	40%	Not Covered	Not applicable
Scaling and Root Planing	Basic	10%	Not Covered	Limited to 4 quadrants per consecutive 12 months
Ceramic Crown	Major	40%	Not Covered	Not applicable
Removable Partial Denture	Major	40%	Not Covered	Not applicable
Extraction, Erupted Tooth with Bone Removal	Basic	10%	Not Covered	Not applicable
Orthodontia	Orthodontia	50%	Not Covered	Co-pay reflects twenty-four (24) months of active child comprehensive treatment. Cases beyond 24 months require an additional payment by the patient.

## Part VI: COVERAGE EXAMPLES

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this product to other dental products you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist	Sam Needs a Tooth Filled	Maria Needs a Crown	
New patient exam, x-rays (full-mouth	Resin-based composite – one surface,	Crown – porcelain/ceramic substrate	
x-ray) and cleaning	posterior		

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$400 Out-of-network: \$550	Total Cost of Care	In-network: \$150 Out-of-network: \$200	Total Cost of Care	In-network: \$1,300 Out-of-network: \$1,750
Deductible	In-network: Not applicable  Out-of-network: Not Covered	Deductible	In-network: Not applicable Out-of-network: Not Covered	Deductible	In-network: Not applicable Out-of-network: Not Covered
Annual Maximum (Plan Will Pay	In-network: Not applicable Out-of-network: Not applicable	Annual Maximum (Plan Will Pay)	In-network: Not applicable Out-of-network: Not applicable	Annual Maximum (Plan Will Pay)	In-network: Not applicable Out-of-network: Not applicable

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Patient Cost (copayment or coinsurance)	In-network: 0% Out-of-network: \$550	Patient Cost (copayment or coinsurance)	In-network: 10% Out-of-network: \$200	Patient Cost (copayment or coinsurance)	In-network: 40% Out-of-network: \$1,750
In this example, Dana would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$0 Out-of-network: \$550	In this example, Sam would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$15 Out-of-network: \$200	In this example, Maria would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$520 Out-of-network: \$1,750

Summary of what is		Summary of what is		Summary of what is	
not covered or	Oral evaluations are	not covered or	Not Applicable	not covered or	Not Applicable
	limited to a		140t/tppiloabio		110t Applicable
subject to a limitation:	combined total of 4	subject to a limitation:		subject to a limitation:	
	comprehensive or				
	periodic evaluations				
	during a 12				
	consecutive month				
	period. A complete				
	series of full mouth				
	X-rays are limited to				
	1 every 3 years.				
	Cleanings are				
	limited to 2 per				
	year; additional				
	cleanings per year				
	are available at the				
	co-pay listed on				
	your Patient Charge				
	Schedule.				