




Find a Doctor, Dentist, or Facility in

 Doctor by Type  Doctor by Name  Health Facilities


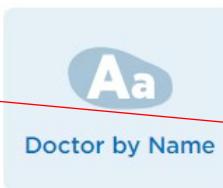

To find providers in the Cigna Behavioral Network - you will follow the same steps for both directories, the NS-EEH Tier 1/System Only directory or the EPO & HDHP Directory.

[NS-EEH System Only Plan Provider Directory](#)
[NS-EEH EPO and HDHP Plan Provider Directory](#)

Once you click on the directory link, you will be taken to the search page. Here you will enter city/state or zip code and then click the Doctor by Type box to get the dropdown.

For this example, I entered Chicago, IL

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Popular Doctor Types

- Primary Care Provider (PCP)
- Obstetrics and Gynecology (OB-GYN)
- Pediatrician
- Behavioral Health Counselor**
- Optometrist
- Cardiologist
- Gastroenterologist
- Diabetic Medicine Doctor

Once you click on the Doctor by Type box a dropdown will appear, you will want to select the Behavioral Health Counselor from the list of provider types.



I'm looking for a provider who primarily treats:

- Anxiety
- Depression
- Cultural & Race Related Counseling
- Addiction
- ADD/ADHD
- Marriage/Couples Counseling
- Anger Management
- Grief and Loss Counseling
- Post-Traumatic Stress Disorder
- Adoption Counseling
- Autism
- Cancer/Oncology Counseling
- Child/Teen Behavioral Counseling
- Counseling for Healthcare Professionals
- Domestic Violence Counseling
- Eating Disorders
- Family Counseling
- Emergency Responder Counseling
- LGBTQ Counseling
- Medical Illness Counseling
- Medication Management
- Neuropsychology Testing
- OCD
- Sexual Abuse Counseling

Sexual Health Counseling

[Show Less Options](#)

[Continue](#) [Skip](#)

After selecting the Behavioral Health Counselor as the provider type, you will then come to a screen where you can select what condition you are seeking services for OR you can click the skip button at the bottom if you don't want to specify a condition.

For this example, I selected anxiety.

We found results for "Behavioral Health Counselor".
What type of care are you looking for?

Licensed Therapists



View 5272 Results

Licensed therapists can diagnose and treat mental health or substance use concerns. They can help you develop coping skills in addition to providing other care and services. Includes psychologists, counselors, and social workers.

Psychiatrists & Nurse Practitioners



View 723 Results

Psychiatrists and mental health nurse practitioners can diagnose and treat mental health or substance use concerns, typically by prescribing and monitoring medication, in addition to other care and services.

Behavioral Health Facilities



View 75 Results

Behavioral health facilities include psychiatric hospitals, residential treatment centers, and clinics. They offer specialized inpatient and outpatient programs to help support emotional issues, mental health, and treatment for substance use concerns.

Once you either select your condition or click the skip option, you will then be able to further narrow down what type of behavioral provider you are looking for, therapists, psychiatrists & nurse practitioners, or behavioral health facilities.

For this example, I selected Licensed Therapists

< 5272 In-Network results for Licensed Therapists near Chicago, IL

Medical Plan: Open Access Plus, OA plus, Choice Fund OA Plus

Sort: Best Match Specialties More Options

Angela Derrick, PHD, CP

53 West Jackson Boulevard 520 Chicago, IL 60604 | (224) 202-6260

Specialties : Psychology

Additional Specialties (6): Depression, Eating Disorders...see all

Years in Practice: 18

Ages Treated: 1-5, 6-12, 13-17, 18+, 60+

Fast Access Provider

Virtual Counseling

Accepting new patients

Maria Erofeeva, MC, LCPC

53 West Jackson Boulevard 520 Chicago, IL 60604 | (224) 202-6260

Specialties : Counseling

Additional Specialties (6): ADD/ADHD, Anger Management...see all

Years in Practice: Not Available

Ages Treated: 6-12, 13-17, 18+

Fast Access Provider

Virtual Counseling

Accepting new patients

Grace Martin, MMFT, LMFT

53 W Jackson Blvd Ste 604 Chicago, IL 60604 | (773) 423-8447

Specialties : Counseling

Additional Specialties (18): ADD/ADHD, Anger Management...see all

Years in Practice: 9

Ages Treated: 6-12, 13-17, 18+

Virtual Counseling

Accepting new patients

The next page will start the list of providers that are in the Cigna Behavioral Network. You will see the number of providers available at the top and they will also show they are in the Cigna Open Access Network which will be covered as Tier 1.

You can sort the list by best match, distance, or alpha A-Z or Z-A. You can adjust your search are using the map to the right. You can save a copy of your directory as a PDF or have a PDF emailed to you – this option is at the very bottom of the page.

There will also be a notation if the provider offers virtual counseling and if they are accepting new patients.