### **Services Guide**

High-Quality Health Care





www.chsli.org

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### Welcome to Catholic Health Services.

Catholic Health Services (CHS) is an integrated system encompassing some of the region's finest health and human services agencies. With six acute care hospitals, three nursing homes, a home nursing service, hospice, a community-based agency for persons with special needs and a network of physician practices, CHS's high standards have resulted in excellent patient satisfaction. Annually\*, CHS facilities handle nearly 83,000 hospital admissions, almost 6,000 newborn deliveries, more than 230,000 emergency department cases, approximately 135,000 rehabilitation visits and nearly 360,000 home care visits, plus day and residential services for approximately 2,600 individuals with special needs. Our commitment to quality is recognized by patients and independent health agencies.

In 2017, our system was again awarded the Most Wired® designation by the American Hospital Association's Health Forum. Also, CHS has secured a place in the top 12% of U.S. hospitals using electronic medical records (EMR), as recognized by the Healthcare Information and Management Systems Society (HIMSS), and achieved Stage 6 on the HIMSS Analytics Outpatient EMR Adoption Model®.

All six CHS hospitals have The Joint Commission Gold Seal of Approval®. Each has earned the Get With The Guidelines® Stroke Gold Plus Achievement Award and is a NYS Designated Stroke Center, with St. Charles holding the distinction of being the first Long Island hospital to be designated a Primary Stroke Center. St. Catherine and St. Joseph were awarded Target: Strokes™ Honor Roll Elite and Target: Strokes™ Honor Roll Elite Plus recognition, respectively. For the 11th consecutive year, St. Francis is listed among the Best Hospitals in the nation by U.S. News & World Report (2017–2018) and is once again the top-ranked hospital on Long Island. Mercy has garnered the Outstanding Achievement Award from the American College of Surgeons Commission on Cancer (CoC) for three consecutive surveys (nine years in a row) and Three-Year Accreditation with Gold-Level Commendation. Good Samaritan has held the CoC Outstanding Achievement Award for 15 years in a row and was rated "high performing" for both colon cancer surgery and heart failure by U.S. News (2017–2018).

CHS's continuing care division has received accolades, too. Programs at Maryhaven have earned the highest level of accreditation from the Commission on Accreditation for Rehabilitation Facilities. Good Shepherd's leadership has been presented with the U.S. Secretary of Defense's Patriot Award, and Catholic Home Care was the finalist for the 2017 CHS Pinnacle Award for Quality & Patient Safety (continuing care category). Good Samaritan Nursing Home was honored with the Centers for Medicare & Medicaid Services (CMS) Outstanding Achievement Award for the implementation of the CMS Initiative to Reduce Avoidable Hospitalizations in 2016. In 2017, Our Lady of Consolation was named one of the NYSDOH's Top-Performing Nursing Homes in New York. In addition, Good Samaritan, Our Lady of Consolation and St. Catherine of Siena nursing and rehabilitation facilities have all been awarded five stars for quality measures by CMS.

We are dedicated to quality and patient safety. CHS is a multifaceted system, encompassing a wide array of programs across Long Island. Whether you are looking for services for yourself or others, we encourage you to use this guide to find the program you need, close to home.

Wishing you good health,

Alan D. Guerci, MD

President & CEO, Catholic Health Services

#### **DISCRIMINATION IS AGAINST THE LAW**

Catholic Health Services of Long Island complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Catholic Health Services of Long Island does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Catholic Health Services of Long Island:

- Provides free aid and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services for people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact AVP, Enterprise Risk Management. In absence of the Language Coordinator, you may also contact the Nursing Supervisor for assistance.

If you believe that Catholic Health Services of Long Island has failed to provided these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with:

AVP, Enterprise Risk Management Catholic Health Services of Long Island 992 North Village Avenue Rockville Centre, NY 11570 516-705-3850

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Director of the Patient Experience Department is available to help you.

You may also file a civil rights complaint to the U.S. Department of Health and Human Services, Office of Civil Rights, electronically, through the Office of Civil Rights Complaint Portal available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf; or by mail or telephone to:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at: www.hhs.gov/ocr/office/file/index.html.



Korean 한국어를 사용하십니까?

#### **AVAILABLE INTERPRETERS**

You can access interpretation services 24/7 at no personal cost to you.

This chart includes languages commonly spoken in your community, additional languages are available.

English: Do you speak [language]? We will provide an interpreter at no personal cost to you.

<i>Spanish</i> Español		<i>Korean</i> 한국어	무료로 동역 서비스를 제공해 드리겠습니다.
Bengali वाःना	STREET STREETS SACRE (STREET)		هل تتحدث اللغة العربية؟ سوف نوفر لك مترجدًا فوريًا بدون أي تكلفة عليك.
	Parlez-vous français ? Nous vous fournirons gratuitement un interprête.		Вы говорите по-русски? Мы абсолютно бесплатно предоставим вам переводчика.
	Flisni shqip? Ne do t'ju sigurojm një përkthyes pa asnjë kosto personale për ju.		דו רעדסט אידיש? מיר וועלן צושטעלן א פארשפרעכער בחינם.
Greek Ελληνικά	Μιλάτε ελληνικά; Θα σος παρέχουμε ένα διερμηνέα χωρίς καμία οικονομική επιβάρυνση για εσάς	Polish Polski	
Brazil-Portuguese Português	Você fala português? Nós lhe forneceremos um interprete, sem nenhum custo adicional.		您讲国话吗? 我们将免费为您提供 翻译。
<i>Italian</i> Italiano	Parla italiano? Le forniremo gratuitamente un interprete.	<i>Tagalog</i> Tagalog	Nakapagsasalita ka ba ng Tagalog? Magbibigay kami ng tagasalin nang wala kang personal na babayaran.
Cantonese 粵語	您講粵語嗎?我們將免費為您提供 翻譯。	Haitian Creole Kreyòl Ayisyen	Êske ou pale Kreyòl Ayisyen? N ap ba ou yon entèprèt gratis.

(516) 705-3850

American Sign Language (ASL)

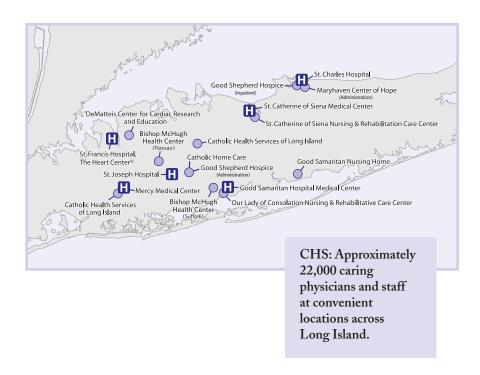
فارسی صحبت می کلید؟ یک مترجم شفاهی Farsi

رایگان در اختیار شما قرار خواهیم داد. فحار سمی



### Mission Statement

We, at Catholic Health Services, humbly join together to bring Christ's healing mission and the mission of mercy of the Catholic Church expressed in Catholic health care to our communities.



Please visit each CHS member's website for the most current information.

Simply go to www.chsli.org and click through.

## Hospitals: Checklist of Services

Services	GS	M	SCS	SC	SF	SJ
Advanced Cardiac Life Support	•		•		•	•
Alzheimer's		•				
Ambulatory Surgery Unit	•	•	•	•	•	•
Anesthesiology	•	•	•	•	•	•
Arrhythmia & Pacemaker (†pacemaker only)	•				•	†
Autism	•					
Bariatric Surgery	•	•	•	•	•	
Behavioral Health (†peds only)	†	•	•			
Bishop McHugh Health Center	•				•	
Blood Bank	•	•	•	•	•	•
Bone Densitometer	•	•	•	•	•	•
Breast Health Services	•	•	•	•	•	•
Cancer Care	•	•		•	•	
Cardiac Catheterization	•	•	•		•	
Cardiac Diagnostic Imaging	•	•		•	•	
Cardiac Outreach Program					•	
Cardiac Rehabilitation				•		
Cardiology	•	•	•	•	•	•
Cardiothoracic Surgery	•					
Care Management/Social Work	•	•	•	•	•	•
Chemical Dependency Rehabilitation				•		
Child Life Program	•					
Clinical Decision Unit (Observation)	•					
Colon & Rectal Services	•	•	•	•	•	•
Community Health Lectures	•	•	•	•	•	
Concussion Management	•			•		
Congestive Heart Failure	•			•		
Cystic Fibrosis	•					
Dental Clinic				•		
Diabetes Care Center		•		•	•	•
Dialysis Unit	•	•	•			•
Echocardiography	•	•	•	•	•	•
Elective Angioplasty	•					
Emergency Angioplasty	•		•		•	
Emergency Department	•	•	•	•	•	•
Endocrinology	•	•			•	•
Endoscopy Unit	•	•		•		•
ENT (Otolaryngology)	•	•	•	•	•	•
Epilepsy Program				•		
Family Medicine	•	•	•	•	•	•
Gastroenterology	•	•		•	•	
Geriatrics	•	•	•		•	•

Key: Good Samaritan = GS

St. Charles = SC

Mercy = **M** St. Francis = **SF**  St. Catherine of Siena = SCS St. Joseph = SJ

### Catholic Health Services of Long Island

Services	GS	M	SCS	SC	SF	SJ
Hearing & Speech Center	•			•		•
Hospice	•	•	•	•	•	•
Hospitalists	•	•	•	•	•	•
Infection Control	•	•	•	•	•	•
Infusion	•		•		•	•
Intensive Care Unit	•	•	•	•	•	•
Internal Medicine	•	•	•	•	•	•
Interventional Cardiology	•		•		•	
Laboratory	•	•	•	•	•	•
Lymphedema Care				•		
Mammography	•	•	•	•	•	•
Maternal Fetal Medicine	•	•	•	•		
Maternity	•	•	•	•		
Meals on Wheels				•		•
Medical Education	•	•	•	•	•	•
Minimally Invasive Surgery	•	•	•	•	•	•
MRI/CT Scan	•	•	•	•	•	•
Neonatal Intensive Care Unit	•	•	•	•		
Nephrology	•	•	•	•	•	•
Neurointervention	•				•	
Neurology	•	•	•	•	•	•
Neurosurgery	•	•	•	•	•	•
Nuclear Medicine		•	•	•	•	•
Nursing Education	•	•	•	•	•	•
Nursing Home			•			
Nutritional Counseling	•	•	•	•	•	•
OB/GYN (†gynecology only)		•	•	•		†
Occupational Therapy	•	•		•		
Oncology		•		•	•	•
Operating Room	•	•	•	•	•	•
Ophthalmology		•		•	•	•
Oral Surgery	•	•	•	•	•	•
Orthopedics		•		•	•	•
Osteoporosis Program	•	•	•	•	•	
Pain Management						
Palliative Care	•	•	•	•	•	•
Parkinson's Outpatient Program			•			
Pastoral Care		•	•	•	•	•
Pathology						
Pediatric Advanced Life Support			•		•	
Pediatric Emergency Department						
Pediatric Specialty Care Center				•		
Pediatrics (†surgery only/*outpatient only/ ††med/surg offered)		†*	†	• ††	*	
Perinatal Education				• '		

Key: Good Samaritan = GS St. Charles = SC Mercy = M St. Francis = SF St. Catherine of Siena = SCS St. Joseph = SJ

Services	GS	M	SCS	SC	SF	SJ
PET/CT Imaging (†CT only)	•		•	†	•	†
Pet Therapy		•	•	•		•
Pharmacy	•	•	•	•	•	•
Physical Therapy	•	•	•	•	•	•
Physician Referral Service	•	•	•	•	•	•
Plastic & Reconstructive Surgery	•	•	•	•	•	•
Podiatry	•	•	•	•	•	•
Pre-Surgical Testing	•	•	•	•	•	•
Prostate Brachytherapy	•		•		•	
Psychiatric Services (†inpatient only)	•	•	†			
Psychiatry		•	•		•	
Pulmonary Care	•	•	•	•	•	•
Radiation Oncology	•	•			•	
Radiology	•	•	•	•	•	•
Rehabilitation (Inpatient) Services (†adult only)	•	†	†	•	†	
Rehabilitation (Outpatient) Services (†adult only)	•	†		•	†	•
Research	•		•			
Respiratory Care	•	•	•	•	•	•
Rheumatology	•	•	•			
Robotics	•		•		•	
Senior Assessment Program	•	•				
Sleep Medicine	•	•	•	•		•
Smoking Cessation Program	•	•	•	•	•	
Special Care Unit	•		•			
Speech/Language Pathology	•	•	•	•		•
Speech Therapy	•	•	•	•	•	•
Sports Medicine	•	•	•	•	•	•
Stress Management					•	
Stroke Center	•	•	•		•	•
Support Groups	•	•	•	•	•	•
Surgery	•	•	•		•	•
Telemetry Unit	•	•	•	•	•	•
Trauma Services	•					
Traumatic Brain Injury				•		
Travel Medicine Service		•				
Ultrasound	•	•	•	•	•	•
Urology	•	•	•	•	•	•
Vascular Services	•	•	•		•	•
Volunteer Services	•	•	•	•	•	•
Woman/Child Care Services	•	•	•	•		
Women's Imaging	•	•	•		•	•
Women's Specialty Rehabilitation				•		
Wound Care Center (Hyperbaric)						•

Key: Good Samaritan = GS St. Charles = SC Mercy = M St. Francis = SF St. Catherine of Siena = SCS St. Joseph = SJ

### Continuing Care: Checklist of Services

ervices	CHC	GSNH	GSH	MCH	OLC	SCSN
24-Hour Nursing Care		•		•	•	•
Adult Bereavement			•	•	•	•
Affordable Senior Housing				•		
Alzheimer's	•	•	•		•	•
Behavioral Health	•			•		
Cancer Care	•	•	•			
Caregivers Support Groups		•	•	•		
Children's Bereavement			•	•		
Day Habilitation				•		
Dementia Care	•	•	•		•	•
Diabetes Management	•	•			•	•
Dialysis Center Onsite						•
Full-Time Medical Staff		•	•	•	•	•
Home Health Aides	•		•			
Home Infusion Services	•		•			
Home Medical Equipment			•			
Home Nursing Service	•		•			
Hospice Care		•	•		•	•
Maternal Child and Pediatric Services	•					
Medical Social Work	•	•	•	•	•	•
Mental Health	•	•		•		
Nutritional Counseling	•	•	•	•	•	•
OASAS Residence				•		
Occupational Therapy	•	•		•	•	•
OMH Residences				•		
Orthotic/Prosthetic Service		•			•	•
Pain Management			•		•	
Palliative Care	•	•	•		•	•
Parenteral Care	•	•	•			
Pastoral Care	•	•	•	•	•	•
Personal Recovery Oriented Services						
Physical Therapy	•	•	•	•	•	
Post-Surgical/Medically Complex						
Psychiatrist		•		•	•	
Psychologist						
Pulmonary Disease Management	•	•			•	
Resident & Family Counseling						
Residential Programming						
Respiratory Therapy						
Respite			•	•		
Senior Network & Drop-In Center						
Service Coordination				•		
Short-Term Inpatient Care						
Skilled Nursing in Home						
Social Work/Social Services						
Specialized Individual Education						
Speech Therapy						
Stroke Rehabilitation Care						
Sub-Acute Rehabilitation	-					
Telehealth						,
Therapeutic Recreation				•	•	•
Tracheostomy Care						
Vascular Disease Management				_	•	
Vocational Programming Volunteer				•		
	1		•		•	

Key:

Catholic Home Care = CHC
Maryhaven Center of Hope = MCH



### Good Samaritan Hospital Medical Center

Founded in 1959, Good Samaritan Hospital Medical Center has grown into a 537-bed (including 100 nursing home beds) medical center, with more than 3,500 employees and almost 900 physicians on staff. Good Samaritan's approximately 27,000 patient admissions, 2,700 babies delivered, more than 16,000 operations (including 9,300 same-day surgeries), and 87,000 Emergency Department visits annually illustrate the medical center's unrivaled experience. Good Samaritan has earned The Joint Commission's Gold Seal of Approval® and is the only verified Level II Trauma Center for both adults and children on the south shore of Long Island. It was named a recipient of the Get With The Guidelines® Stroke Gold Plus Quality Achievement Award with Target: Strokesm Honor Roll Elite recognition.

Through the St. Francis Open Heart Surgery Program at Good Samaritan, cardiothoracic surgeons, anesthesiologists, nurses, perfusionists and other experts from St. Francis Hospital, The Heart Center®, are on site to offer this nationally recognized open heart surgery program to residents of Suffolk County. They have expertise in all types of heart surgery, from conventional open heart bypass and offpump coronary artery bypass to the newest minimally invasive valve procedures, including transcatheter aortic valve replacement (TAVR) and surgical techniques designed to treat certain cardiac arrhythmias.

Good Samaritan was among the first community hospitals in Suffolk County to perform primary angioplasty to swiftly open blocked arteries during a heart attack and was the first in the county to offer the combination of primary or elective angioplasty and a cardiac rehabilitation program. Good Samaritan has expanded its Theresa Patnode Santmann Division of Cardiology to better focus on the individual needs of cardiac patients.

Good Samaritan's Cancer Center offers a complete range of preventive, diagnostic, therapeutic and supportive services, enhanced by a cancer patient navigation program. Accredited by the American College of Surgeons Commission on Cancer, Good Samaritan earned the Outstanding Achievement Award with 3-Year Accreditation with Commendation on 5 consecutive surveys (15 years in a row).

The hospital's BirthPlace provides expert care to women experiencing high-risk pregnancies. The Maternal Fetal Medicine Program cares for women whose pregnancies are complicated by premature labor or underlying medical conditions such as diabetes or high blood pressure, or due to a multiple birth. Specialists work closely with neonatologists to ensure the health of both mother and baby.

Good Samaritan provides dedicated pediatric services, including the first fully designated Pediatric Emergency Department in Suffolk County. The hospital also has the only Level III Neonatal Intensive Care Unit on the south shore of Suffolk. Good Samaritan's freestanding, outpatient Center for Pediatric Specialty Care and Sleep Disorders is the largest of its kind in Suffolk County. Located in Babylon, it is staffed by physicians with a wide variety of expertise, including pulmonology, endocrinology, cystic fibrosis, gastroenterology, infant/child development, nutrition, infectious disease, neurology, nephrology, hematology, surgery and sleep disorders. With more than 26,000 patient visits a year, it supports the family-centered care of medically complex children. To offer these services to residents of Nassau County, a separate center has opened in Bellmore.

Good Samaritan's Ambulatory Surgery Unit (ASU) meets the needs of adult and pediatric patients who are able to return home the same day. Procedures are performed by board certified surgeons in dedicated operating rooms, with a pain management suite. In addition, the ASU is designed to accommodate patients undergoing special procedures such as cardiac studies, interventional radiology procedures and blood transfusions. There is also an endoscopy unit, equipped and staffed to provide expert gastroenterological care to both adults and children.

With advanced mammography—including Suffolk County's first 3D tomosynthesis technology—and other breast diagnostic services, Good Samaritan is a Breast Imaging Center of Excellence, as awarded by the American College of Radiology. The medical center has earned a three-year, full accreditation designation by the National Accreditation Program for Breast Centers.

Good Samaritan offers comprehensive, patient-focused imaging services on an outpatient and inpatient basis and earned three-year reaccreditation by the American College of Radiology. The hospital features Long Island's only 512-speed GE Revolution CT scanner, allowing for low-dose scanning and diagnosis for complex conditions, including stroke and heart surgery. This reflects Good Samaritan's high practice standards, including the caliber of work being performed by physicians, medical physicists and other experts, as well as efficiency, quality assurance programs and adequacy of space.

### **Highlights**

- Good Samaritan's Breast Health Center again earned three-year/full accreditation from the National Accreditation Program for Breast Centers, administered by the American College of Surgeons.
- The Bariatric Surgery Program at Good Samaritan is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).
- American Academy of Sleep Medicine Center of Excellence.
- First hospital on the south shore of Suffolk County to earn NYS Designated Stroke Center designation and a recipient of the American Heart Association/ American Stroke Association Get With The Guidelines® Stroke Gold Plus Quality Achievement Award with Target: Stroke® Honor Roll Elite recognition.
- Certified by the American Association of Cardiovascular and Pulmonary Rehabilitation, with Quality Respiratory Care Recognition in three consecutive years.
- Outstanding Achievement Award from the American College of Surgeons Commission on Cancer (15 consecutive years).
- Only verified Level II Trauma Center for Adults and Pediatrics on the south shore of Long Island.
- Recipient of the Healthgrades Coronary Intervention Excellence<sup>™</sup> Award
  and named five-star recipient and among the top 10% in the nation for
  coronary interventional procedures for two consecutive years (2017–2018).
- Awarded five stars by Healthgrades for pacemaker procedures three years in a row (2016–2018).
- Named Healthgrades five-star recipient for treatment of diabetic emergencies for two consecutive years (2017–2018).

# Directory

Ambulatory Surgery Unit
Bariatric (Weight-Loss) Surgery (631) 376-3697
<b>BirthPlace</b>
Bishop McHugh Health Center (631) 376-4025
<b>Breast Health Center</b>
Cancer Registry
Cardiology
Cardiothoracic (Open Heart) Surgery (631) 376-6185 The St. Francis Hospital, The Heart Center®, Open Heart Surgery Program at Good Samaritan Hospital.
Center for Pediatric Specialty Care & Sleep Disorders (Babylon & Bellmore)
Concussion Management

<b>Emergency Department</b>
Genetic Counseling (631) 376-4050
The Good Samaritan Hospital Foundation (631) 376-4365
Good Samaritan Nursing Home (631) 244-2400
<b>Imaging Services (Scheduling)</b>
Laboratory
Maternal Fetal Medicine
Neonatal Intensive Care Unit
Palliative Care
<b>Pastoral Care</b>
<b>Pediatric Emergency Department</b>
Pediatric Intensive Care Unit (631) 376-3960

<b>PET/CT Center</b>
<b>Physician Referral &amp; Information Line (631) 376-4444</b> Access to the expertise of Good Samaritan's physicians and broad range of hospital programs and services is available.
Pre-Surgical Testing (631) 376-4808
<b>Rehabilitation Services</b>
Sleep Apnea Center
Stroke & Brain Aneurysm Center (631) 376-4444
Volunteer Services
Women's Imaging Center

Please call (631) 376-4444 for the latest information on services.



1000 Montauk Highway, West Islip, NY 11795 (631) 376-4444

www.good-samaritan-hospital.org



### Mercy Medical Center

Founded by the Nursing Sisters of the Congregation of the Infant Jesus, Mercy Medical Center has served the residents of Nassau County and nearby communities since 1913. Mercy is a full-service, 375-bed community hospital with a medical staff of nearly 700 physicians and almost 1,600 employees. From nursing services and comprehensive stroke and cancer care, to women's health services and weight-loss surgery, top ratings in national assessments make Mercy the hospital of choice for patients 100,000 times a year.

In 2017, Mercy was again awarded the Pathway to Excellence® designation by the American Nurses Credentialing Center. The Rockville Centre hospital has received the Get With The Guidelines® Stroke Gold Plus Quality Achievement Award from the American Heart Association/American Stroke Association and is also a NYS designated stroke center. In addition, Mercy has earned the Outstanding Achievement Award from the Commission on Cancer of the American College of Surgeons for nine years in a row, plus Three-Year Accreditation with Gold-Level Commendation.

The hospital provides 24-hour emergency and trauma care for both adults and children, as well as Express Care for less urgent cases, and its advanced diagnostic facilities include a cardiac catheterization lab, magnetic resonance imaging (MRI) and computed tomography (CT). Mercy has been designated a Breast Imaging Center of Excellence by the American College of Radiology. It is the first in New York State to offer molecular breast imaging (MBI) technology, a proven, effective supplementary screening method, which, combined with mammography,

significantly improves early detection of cancer in women with dense breast tissue. Mercy also has MRI with breast imaging and biopsy capabilities. Its Radiology & Imaging Center features two low-radiation, 64-slice CT scanners, as well as a full complement of women's imaging services, including MRI with breast imaging and biopsy capabilities. Mercy is a leader in providing comprehensive breast health care—with screening, diagnosis, treatment and follow-up all at one location, the Women's Imaging Center. Highly skilled radiologists and breast surgeons offer a complete range of treatment options and the latest full reconstructive procedures. Also, to assist those who are newly diagnosed, "living with" or survivors of cancer, Mercy has partnered with the American Cancer Society to offer the free Patient Navigation Program.

With the largest dedicated inpatient acute rehabilitation program on the south shore of Nassau, Mercy employs state-of-the-art equipment and techniques to speed the recovery of patients who have suffered a catastrophic illness, stroke, spinal cord injury, amputation, major orthopedic surgery, severe disabling arthritis or acquired brain injury. Ambulatory services are now offered, as well, in a beautiful outpatient facility to address all rehabilitation needs. Physiatrists, physical and occupational therapists, and speech-language pathologists can diagnose and treat a wide variety of disabilities, and the Balance Center helps those experiencing dizziness, vertigo and related issues.

Mercy delivers more than 1,200 babies each year and is home to the only Level III Neonatal Intensive Care Unit on the south shore of Nassau County, with 24/7 in-house neonatologists/pediatricians, anesthesiologists and obstetrician attending physicians. Generations of women have chosen to have their babies in an environment recognized for superior, personalized care. Mercy is committed to providing single occupancy in the home-like setting of its redesigned maternity suites.

The hospital is widely known for its leadership in weight-loss surgery and is an accredited center of the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. Mercy offers single-incision laparoscopic surgery (SILS) for weight loss—as well as for abdominal and gynecologic procedures—and the latest techniques in minimally invasive brain and spine surgery.

The spiritual needs of patients and their families are an integral part of care at Mercy, with a pastoral care staff committed to addressing the needs of the whole person—body, mind and spirit. Chaplains are members of the health care team, providing support and counseling with bedside visits and family conferences. The Sacrament of Reconciliation, Anointing of the Sick and Holy Communion are offered to Catholic patients. Mass is celebrated in the hospital chapel and is also available to patients in their rooms via closed-circuit television. A nondenominational meditation room is available, as are a Muslim prayer room and a kosher kitchen, orthodox shul and hospitality rooms for emergency, short-term or Sabbath stays for observant Jewish family members of patients.

### Highlights

- Outstanding Achievement Award from the American College of Surgeons Commission on Cancer (2016) and Three-Year Accreditation with Gold-Level Commendation.
- Bronze-level Beacon Award for Excellence for Mercy's ICU from the American Association of Critical-Care Nurses.
- Get With The Guidelines® Stroke Gold Plus Quality Achievement Award from the American Heart Association/American Stroke Association.
- American Nurses Credentialing Center Pathway to Excellence® designation.
- Breast Imaging Center of Excellence, as designated by the American College of Radiology.
- The Bariatric Surgery Program at Mercy is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).
- First in New York State with molecular breast imaging (MBI).
- Largest inpatient acute rehabilitation program of its kind in south Nassau.
- The Joint Commission Gold Seal of Approval®.
- Long Island Blood Services Pacesetter Award (2017).

### Directory

Bariatric (Weight-Loss) Surgery 1 (888) 851-0555
<b>Behavioral Health</b>
<b>Breast Health Services</b>
Cancer Care (516) 62-MERCY
Center for Hyperbaric Medicine & Wound Healing (516) 705-3950
Development
Diabetes Outpatient Education Center (516) 705-1613
Express Care

Cumout Treath Services of Long Island
Family Care Center
Geriatric Assessment/Consultation Service (516) 705-3622
Hospice Inpatient Care (516) 62-MERCY
Neonatal Intensive Care Unit (NICU) (516) 705-2291 Mercy's Level III NICU is the only one of its kind on the south shore of Nassau.
<b>Orthopedic Surgery</b> (516) 62-MERCY Mercy is nationally recognized for orthopedic surgery, including knee and hip replacement, hip resurfacing and fracture repair, as well as for sports medicine.
<b>Pastoral Care</b>
<b>Physical Medicine/Rehabilitation</b> (516) 705-2633 Both inpatient and outpatient services. The largest dedicated inpatient acute rehabilitation program on Nassau's south shore.
Physician Referral (516) 62-MERCY
<b>Podiatry Outpatient Service</b> (516) 62-MERCY Ambulatory program with convenient access to expert care for a full range of foot and ankle conditions.
Radiology & Imaging (516) 705-1300
<b>Ryan Draw Station</b>
Sleep Medicine (516) 62-MERCY
<b>Spine Endeavor Program</b>
Travel Medicine

Please call (516) 62-MERCY for the latest information on services.



1000 North Village Avenue P.O. Box 9024 Rockville Centre, NY 11571-9024

(516) 62-MERCY



### St. Catherine of Siena Medical Center

Since 2000, St. Catherine of Siena Medical Center has been a trusted health care resource. St. Catherine of Siena is located on 76 acres on the north shore of Long Island, in Smithtown. The campus comprises a 296-bed, not-for-profit hospital, a 240-bed skilled nursing and rehabilitation care center and a 3-story medical office building. In addition, in 2017, the new St. Catherine & St. Charles Health & Wellness Center was opened at 500 Commack Road, Commack, offering primary and specialty care, plus St. Catherine's excellence in diagnostic imaging, as well as St. Charles Orthopedics, a leading Long Island practice.

St. Catherine continually focuses on improving patient care and quality outcomes, and the dedicated staff of professionals strive to meet or exceed the needs and expectations of patients and their families each and every day. In 2017, St. Catherine was honored by the Healthcare Association of New York State (HANYS) with the Pinnacle Award for Quality & Patient Safety. The medical center also holds the Get With The Guidelines® Stroke Gold Plus Quality Achievement Award with Target: Stroke® Honor Roll Elite recognition. In addition, St. Catherine earned the prestigious international Baby-Friendly® Designation—the first facility in Suffolk County to do so. The Palliative Care Department was awarded The Joint Commission's Advanced Certification in 2017, and St. Catherine is a Bariatric Center of Excellence.

St. Catherine's Women's Health & Outpatient Diagnostic Pavilion, located on campus, offers women comprehensive health care in one location. Diagnostic services include 3D mammography, breast magnetic resonance imaging (MRI) and breast MRI biopsy, breast ultrasound, fine needle aspiration, galactograms, needle localization, stereotactic core breast biopsy, sentinel lymph node biopsy, ultrasound-guided cyst aspiration, ultrasound-guided needle biopsy and bone densitometry. While the pavilion is dedicated to women's health needs, diagnostic testing is available for men as well. The medical center also provides comprehensive breast health services, from diagnosis to reconstructive surgery.

The Department of Radiology is accredited by the American College of Radiology in MRI, computed tomography (CT), ultrasound, breast ultrasound, ultrasound-guided breast biopsy, vascular ultrasound, mammography and stereotactic breast biopsy, as well as PET/CT—positron emission tomography combined with CAT scanning—which offers early and highly accurate detection of cancer. St. Catherine is designated a Breast Imaging Center of Excellence by the American College of Radiology.

St. Catherine's Colon & Rectal Program offers treatment for the full range of diseases and conditions of the small bowel, colon, rectum and anus, from cancer to hemorrhoids. The program is staffed with nationally recognized, board certified colorectal surgeons, including both male and female physicians. They have expertise in the use of endoscopic and laparoscopic procedures and other minimally invasive techniques, including robotic surgery, to treat colon and rectal disorders. A new minimally invasive and reversible procedure was recently introduced, providing an option for those suffering with fecal incontinence.

The medical center's Center for Hyperbaric Medicine & Wound Healing specializes in helping patients, including those with diabetes, whose wounds have reached a plateau and who may be at risk for complications. Dedicated staff create a personalized treatment plan for patients using the latest techniques for the most effective and expedited recovery.

St. Catherine's Sleep Disorders Center provides comprehensive, individualized evaluation and testing for the diagnosis and treatment of clinical disorders related to sleep, for adults and children. Each patient undergoes sleep testing in one of four specially designed bedrooms, accessible to the physically challenged. Self-referrals are accepted at the center, which is open 24 hours a day, Monday to Saturday, but most patients are referred by a physician.

### Highlights

- 2017 Healthcare Association of New York State Pinnacle Award for Quality & Patient Safety.
- Achieved the American Heart Association/American Stroke Association Get With The Guidelines® Stroke Gold Plus Quality Achievement Award with Target: Strokesm Honor Roll Elite recognition.
- St. Catherine is a NYS designated stroke center and was awarded diseasespecific certification as a Primary Stroke Center.
- The Joint Commission disease-specific certification for palliative care.
- American College of Radiology-designated Breast Imaging Center of Excellence.
- First hospital-based facility on Long Island to be awarded three-year certification by the American Society for Gastrointestinal Endoscopy's Endoscopy Unit Recognition Program, with recertification earned in 2017.
- The Bariatric Surgery Program at St. Catherine is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).
- First Baby-Friendly® Designated hospital in Suffolk County (2017).
- Long Island Blood Services Silver Award (2017).

Ambulatory Surgery .

Center for Health & Wellness . . .

## Directory

Ambulatory surgery is designed for patients requiring a one-day stay for surgical procedures.
Bariatric (Weight-Loss) Surgery (631) 862-3801
Breast Health Services
Cardiac Catheterization Laboratory (631) 862-3215 The Cardiac Catheterization Laboratory offers elective and emergency angioplasty.

. (631) 870-3444

(631) 862-3033

Center for Hyperbaric Medicine & Wound Healing
Colon & Rectal Program
Development
<b>Dialysis Center</b>
<b>Emergency Department</b>
Laboratory & Pathology (631) 862-3050
Maternity
Orthopedic Surgery & Podiatry (631) 870-3444
Palliative Care
Pastoral Care

The spiritual needs of individuals of all denominations are addressed.

<b>Physician Referral</b>
<b>Psychiatry</b>
Radiology
Siena Proactive Internal Medicine (631) 870-3444
<b>Sleep Disorders Center</b>
Volunteer Office
Women's Health & Outpatient Diagnostic Pavilion (631) 862-3545  St. Catherine is a Breast Imaging Center of Excellence, as designated by the American College of Radiology.
Please call (631) 870-3444 for the latest information on services.



50 Route 25A, Smithtown, NY 11787 (631) 870-3444 stcatherines.chsli.org



### St. Charles Hospital

St. Charles Hospital has served the residents of the north shore in the Town of Brookhaven since 1907. St. Charles is a full-service, community hospital and regional rehabilitation center with nine outpatient satellite rehabilitation sites, from Albertson to Port Jefferson. The 243-bed hospital includes 71 medical/surgical beds, 16 intensive care/critical care beds, 8 pediatric beds, 6 neonatal and 22 maternity beds, 40 alcohol and chemical dependency beds, 10 medically supervised detoxification beds and 70 physical medicine/rehabilitation beds. St. Charles is renowned for high-quality, compassionate care.

With a rehabilitation program that has achieved the highest level of certification available, St. Charles is the only hospital on Long Island accredited by the Commission on Accreditation for Rehabilitation Facilities for both inpatient and outpatient, adult and pediatric rehabilitation. The pediatric rehabilitation unit has the only inpatient pediatric traumatic brain injury unit on Long Island. In addition, St. Charles is a NYS designated traumatic brain and spinal cord injury center for both adults and children. Sophisticated rehabilitation techniques include virtual-reality technology for physical therapy, and current clinical studies include the exoskeleton, which enables individuals with lower body paralysis to walk, and transmagnetic brain stimulation for patients following stroke.

St. Charles was the first hospital in New York to introduce computer-assisted orthopedic surgery when performing a total knee arthroplasty. St. Charles went on to become the first hospital in the region to perform computer-assisted surgery (CAS) on an anterior cruciate ligament and the first in the U.S. to perform a reverse ball and socket total shoulder replacement. Also, it was the first hospital in

the Northeast to provide a total hip replacement with computer assistance. Joint Commission-certified for its total hip and knee replacement program, St. Charles performed more than 500 total joint replacement surgeries in 2017 and was the first hospital on Long Island to offer MAKOplasty® partial knee resurfacing.

Each year, approximately 1,500 babies are born at St. Charles. The experienced and skilled obstetricians and labor/delivery nurses at St. Charles have, on average, more than 12 years of experience in labor and delivery. Additionally, board certified neonatologists and nurse practitioners provide 24-hour-a-day coverage in the Neonatal Intensive Care Unit to ensure that newborns with special needs receive the highest level of care. The Mother/Baby Couplet Program, unique to St. Charles, allows one nurse to care for the mother and baby, instead of the traditional model of a postpartum nurse caring for the mother and a nursery nurse taking care of the newborn. This program allows families to bond with their newborns by becoming more involved in the care of infants during the first days following birth.

The hospital provides diagnostic imaging on an outpatient and inpatient basis, performing more than 60,000 procedures annually. St. Charles offers advanced 3D digital mammography, diagnostic needle localization, X-ray, ultrasound, stereotactic breast biopsy, breast magnetic resonance imaging (MRI), and biopsy and ultrasound of the breast. Other outpatient services include comprehensive radiography for skeletal, abdominal, chest, genitourinary and gastrointestinal diagnostic testing, full computed tomography/angiography (CT/CTA), nuclear medicine, nuclear stress testing, ultrasound and magnetic resonance angiogram (MRA)/MRI. The Diagnostic Imaging Department at St. Charles features a 3.0 Tesla MRI and a 256-slice CT scanner and has earned a three-year, full accreditation designation by the American College of Radiology.

Due to the growing number of adult and pediatric patients in need of surgical services, an \$8 million expansion of an existing operating room suite at St. Charles added 4 operating rooms. The new structure is adjacent to the original five ORs and features a highly skilled surgical staff, advanced equipment and more space, creating one of the most technologically advanced surgery centers in the area.

Patients' spiritual needs are very important at St. Charles. A full-time chaplain and deacon, a priestly presence and pastoral care volunteers are available daily to enhance a living faith for all denominations. This includes support and prayerful meditation for staff, patients and family members when they need it most.

The physicians in the Emergency Department at St. Charles are all board certified in emergency medicine and available 24 hours a day. Additional services provided at St. Charles include general surgery, bariatric surgery, a state-of-the-art Sleep Disorders Center, medically supervised detoxification, pediatric services and the Comprehensive Epilepsy Center of Long Island, as well as pediatric orthopedic, female urinary incontinence and laboratory services.

### **Highlights**

- Recognized by Women's Choice Awards in 2018 as one of America's Top Hospitals in bariatrics, obstetrics, orthopedics and patient safety.
- The Total Hip & Knee Joint Replacement Program at St. Charles has achieved Joint Commission Advanced Certification.
- St. Charles is Joint Commission-certified as a stroke center and is a
  recipient of the American Heart Association/American Stroke Association
  Get With The Guidelines® Stroke Gold Plus Quality Achievement Award.
  St. Charles was also the first hospital in Suffolk County to become a NYS
  designated stroke center.
- Recognized by the American Academy of Sleep Medicine as a full-service sleep disorders center and a Sleep Center of Excellence.
- St. Charles's rehabilitation program received the highest level of accreditation available from the Commission on Accreditation for Rehabilitation Facilities (CARF) for Comprehensive Integrated Inpatient Rehabilitation, Pediatric Specialty Programs, Brain Injury Specialty Program, Stroke Specialty Program and Outpatient Medical Rehabilitation for both adults and children.
- The hospital earned the 2017 American College of Surgeons Commission on Cancer Approval Award with Commendation.
- The Bariatric Surgery Program at St. Charles is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) and accredited as a Comprehensive Center with Adolescent Qualifications by MBSAQIP.
- The Comprehensive Epilepsy Center of Long Island at St. Charles is recognized by the National Association of Epilepsy Centers as a Level 3 epilepsy center, with the professional expertise and facilities to provide the highest level medical and surgical evaluation and treatment for patients with complex epilepsy.

### Directory

Comprehensive Epilepsy Center
<b>Concussion Management</b>
<b>Diabetes Care</b>
Emergency Department
Inpatient Drug & Alcohol Detoxification (631) 474-6797
Inpatient Drug & Alcohol Rehabilitation (631) 474-6233
<b>Laboratory</b>
Lymphedema Care Center (631) 474-6111
Mammography
Orthopedics
Outpatient Pediatric & Adult Specialty Care Center (631) 474-6300
<b>Pastoral Care</b>
<b>Pediatrics</b>
Physician Referral

Radiology/Diagnostic Imaging
Rehabilitation (Inpatient) (631) 474-6260
Rehabilitation (Outpatient Cardiac & Pulmonary) (631) 474-6859
Rehabilitation Satellites (Outpatient):
Albertson (516) 739-4900
Centereach (631) 580-2526
Commack (631) 784-1960
East Setauket (631) 751-8000
Melville (631) 577-3400
Patchogue (631) 207-2370
Port Jefferson (631) 474-6111
Ronkonkoma (631) 580-8720
Smithtown (631) 382-4550
Sleep Disorders Center (631) 474-6277
St. Charles has earned five-year accreditation by the American Academy of Sleep Medicine.
St. Charles Hospital Foundation (631) 474-6465
Volunteer Services (631) 474-6365

Please call (631) 474-6797 for the latest information on services.



200 Belle Terre Road, Port Jefferson, NY 11777 (631) 474-6797

www.stcharles.org



### St. Francis Hospital, The Heart Center®

St. Francis Hospital, The Heart Center<sup>®</sup>, is New York's only specialty designated cardiac center and is a nationally recognized leader in cardiac care. Founded in 1922 by the Sisters of the Franciscan Missionaries of Mary, the 306-bed hospital is an innovator in the delivery of specialized cardiovascular services in an environment where excellence and compassion are emphasized. Also, St. Francis offers an outstanding program in noncardiac surgery, including some of the most advanced technology and minimally invasive techniques available for vascular, prostate, ear-nose-throat, abdominal, gastrointestinal, oncologic and orthopedic surgery.

St. Francis Hospital performs one of the highest volumes of cardiac surgeries in New York State and has been consistently recognized for its outstanding quality of care. For 2017–2018, St. Francis is once again ranked the top hospital on Long Island by *U.S. News & World Report* and listed among the best in the entire nation for cardiology and heart surgery for the 11<sup>th</sup> consecutive year. *U.S. News* also ranked St. Francis one of the best hospitals nationwide for gastroenterology & GI surgery, as well as high performing regionally in geriatrics, neurology & neurosurgery, orthopedics and pulmonology. St. Francis is also consistently recognized for the excellence of its nursing care, holding Magnet® designation three times in a row, as well as being the only hospital in the nation to have earned the AMSN PRISM Award® for six med-surg units. Additionally, St. Francis holds the gold-level Beacon Award for Excellence from the American Association of Critical-Care Nurses.

The Cancer Institute at St. Francis provides state-of-the-art, comprehensive oncological care and treatment with the same signature commitment to excellence that St. Francis is known for in cardiovascular care.

#### Catholic Health Services of Long Island

St. Francis embraces the tradition, values and charism of its founders, the Sisters of the Franciscan Missionaries of Mary, emphasizing respect for human dignity and compassionate treatment for all. The hospital provides a supportive environment committed to excellence, integrating the scientific, technical, psychosocial and spiritual components of health care. It offers a very high quality of care and services to the communities served, regardless of race, creed, ethnic origin or ability to pay.

### **Highlights**

- In the past 10 years, more than 112,000 cardiac catheterizations, 32,000 angioplasties and 14,000 open heart surgeries have been performed at St. Francis.
- St. Francis physicians performed the largest volume of percutaneous coronary interventions (angioplasties with stents) on Long Island (NYSDOH, 2015).
- In 2016, the Cancer Institute at St. Francis treated close to 1,800 cancer patients.
- St. Francis performs one of the highest volumes of orthopedic procedures on Long Island, totaling more than 3,000 cases in 2016, including 1,335 joint replacements. For the 11<sup>th</sup> consecutive year, *U.S. News & World Report* has recognized St. Francis as one of the best hospitals in the country for cardiology & heart surgery. It is also ranked among the best hospitals nationwide for gastroenterology & GI surgery (2017–18).
- U.S. News ranked St. Francis the top hospital on Long Island and 5<sup>th</sup> in New York State (2017–18).
- St. Francis was recognized by U.S. News as high performing regionally in four specialties: geriatrics, neurology & neurosurgery, orthopedics and pulmonology, as well as high performing in eight common adult procedures and conditions: abdominal aortic aneurysm repair, aortic valve surgery, heart bypass surgery, heart failure, colon cancer surgery, COPD, hip replacement and lung cancer surgery—the most for any hospital on Long Island (2017–18).
- St. Francis has held the Magnet® designation for excellence in nursing care, an honor awarded to just 7% of U.S. hospitals, for the third time in a row (April 2015).
- St. Francis earned The Joint Commission's Gold Seal of Approval®, as well as the American Heart Association/American Stroke Association's Heart-Check mark for Advanced Certification for Primary Stroke Centers (April 2017).
- St. Francis scores highest on Long Island in the federal patient satisfaction survey (January 2017, Medicare.gov).
- The NYS Department of Health recognized St. Francis as a Top Performer in three measures aimed at preventing strokes in patients.

- St. Francis was recognized by *Becker's Hospital Review* for having one of the best orthopedic programs in the country (2015).
- Six St. Francis medical-surgical units hold the AMSN PRISM Award® for exemplary nursing practice, a national record. This award is given by the Academy of Medical-Surgical Nurses and the Medical-Surgical Nursing Certification Board.
- The American Association of Critical-Care Nurses has given its Beacon Award for Excellence to six nursing units at St. Francis (2018).
- The American Society for Metabolic and Bariatric Surgery has designated St. Francis a nationally accredited surgical weight loss center (2015).
- The Commission on Cancer of the American College of Surgeons granted Full Accreditation with Commendation to the Cancer Institute at St. Francis Hospital (2016).
- For the 11<sup>th</sup> time, St. Francis received an "A" for patient safety from The Leapfrog Group (spring 2018).

St. Francis Hospital is located in Roslyn, on Long Island's north shore, and is easily accessible from Northern Boulevard and the Long Island Expressway.

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Note: The [Leapfrog] Hospital Safety Grade grades hospitals on data related to how safe they are for patients. For more information, visit www.hospitalsafetygrade.org.

### Directory

### Arrhythmia & Pacemaker Center . . . . (516) 562-6672

St. Francis has a leading national program for pacemaker and defibrillator implantation and the diagnosis and treatment of cardiac rhythm abnormalities. The center has unparalleled expertise in radiofrequency cardiac ablation, including treatment of atrial fibrillation, and it performs one of the highest volumes of arrhythmia procedures in the U.S., with an extraordinary record of success and safety.

<b>Bariatric (Weight-Loss) Surgery</b>	•	•	•	•	1 (888) 851-0555
<b>Bishop McHugh Health Center</b>					. (516) 827-2727
Cancer Institute					. (516) 325-7500

The Cancer Institute combines an integrated approach to treating cancer with St. Francis's signature commitment to excellence and compassionate care. The institute features a newly relocated and enhanced outpatient infusion center, where patients can receive chemotherapy, biologic (including antibody) treatments, transfusion support and intravenous antibiotics.

### Cardiac Catheterization . . . 1(888) HEARTNY (432-7869)

In 2016, St. Francis interventional cardiologists performed more than 11,000 cardiac catheterizations and peripheral vascular procedures, and more than 3,400 percutaneous coronary interventions (angioplasty and insertion of stents). The hospital is also recognized as one of the East Coast's highest volume centers for catheter-based techniques to close atrial septal defects and patent foramen ovale.

### Cardiac Diagnostic Imaging . . . . . . (516) 629-2028

St. Francis Hospital has contributed to major advances in noninvasive cardiac diagnostic imaging. As a result, heart disease can be detected at earlier stages and diagnosed with greater accuracy, enabling more specific guidance of a patient's treatment. The hospital has all of the major cardiac imaging modalities under one roof. St. Francis was the first hospital on Long Island to introduce CT scanning for CT coronary angiography and recently introduced the first hospital-based cardiac PET/CT program on Long Island. Noninvasive imaging services include CT angiography, cardiac MRI, SPECT/CT nuclear imaging, transesophageal echocardiography, three-dimensional echocardiography and stress testing with nuclear, echocardiographic or MRI imaging.

### **Cardiac Diagnostics & Treatment**

St. Francis performs one of the highest volumes of cardiac surgeries in New York State and has been consistently recognized for its outstanding quality of care. For 2017-2018, St. Francis Hospital was ranked again as one of America's Best Hospitals by *U.S. News & World Report* for cardiology & heart surgery.

To consult with a St. Francis physician, call . . .1 (888) HEARTNY (432-7869)

### Cardiac Fitness & Rehabilitation. . . . . (516) 629-2040

The St. Francis Cardiac Fitness & Rehabilitation Program is housed at the DeMatteis Center in Greenvale. It is the largest and longest established medically supervised program of its kind on Long Island.

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In 2016, 1,375 open heart surgeries were performed at St. Francis Hospital. The hospital's cardiothoracic surgeons have the combined experience of more than 14,000 open heart procedures in the last 10 years alone and are experts in all types of heart surgery, from conventional, open heart bypass to off-pump coronary artery bypass to the newest, minimally invasive valve procedures, including surgical techniques designed to treat certain cardiac arrhythmias.

#### Center for Advanced Cardiac Therapeutics . . . (516) 629-2090

The program offers all-inclusive care for congestive heart failure patients and over the years has been recognized for its high survival rates.

CPR
Development
<b>Diabetes Care Center</b>
<b>Pastoral Care</b>
<b>Physician Referral</b>
Surgery
Volunteer Office
Women's Health Center
Please call (516) 562-6199 for the latest information on services.

Please call (516) 562-6199 for the latest information on services.



100 Port Washington Blvd. Roslyn, New York 11576 (516) 562-6000 www.stfrancisheartcenter.com



### St. Joseph Hospital

Located in Bethpage, St. Joseph Hospital is a 203-bed community hospital offering many medical and surgical specialties. The hospital, which joined CHS in 2010, holds The Joint Commission Gold Seal of Approval®, is accredited under the hospital standards and laboratory standards, and provides the surrounding community with an array of outpatient and inpatient services.

The hospital's Emergency Department (ED) handles more than 33,000 visits per year, providing care for the full spectrum of emergency conditions, including heart attacks, strokes, respiratory problems, orthopedic injuries, appendicitis, gastrointestinal disorders and infectious diseases. A new cardiovascular computed tomography (CT) scanner allows physicians to provide rapid and accurate diagnoses of heart disease and strokes.

St. Joseph is proud to unveil its newly renovated Clinical Decision Unit (CDU). The CDU is designed for assessment and treatment of patients whose medical needs can be addressed within a 24-hour period, avoiding unnecessary inpatient admissions. The new unit offers a comfortable and private environment.

The inpatient units care for the more than 6,000 patients per year whose conditions cannot be resolved in the ED or CDU or on an outpatient basis. A comprehensive range of medical specialists provide care in internal medicine, cardiology, pulmonary medicine, gastroenterology, critical care, kidney disease, neurology, hematology and oncology. Surgical specialists offer surgery for breast disease, breast cancer, gallstones, hernia repairs, plastic and reconstructive surgery, urologic surgery, ENT surgery, surgery for gastrointestinal diseases and cancer, surgical oncology and spine surgery. Orthopedic surgery for fractures, sports injuries and joint replacements is also performed. Surgery and endoscopy are available on an inpatient basis or through the Ambulatory Surgical Service.

#### **Outpatient Services**

The Department of Speech, Swallow & Language Pathology provides diagnostic evaluations and treatment for these disorders for adults and children.

The full-service Department of Radiology offers advanced MRI, CT scan, diagnostic radiology, ultrasound, vascular laboratory services and mammography. Examinations are interpreted by a team of highly trained radiologists.

Balance, vestibular and foot therapy is provided in the Physical Therapy Department by the hospital's specialized physical therapists.

The Center for Sleep Medicine has six hotel-style rooms and is accredited by the American Academy of Sleep Medicine.

The Center for Hyperbaric Medicine & Wound Healing offers care of complex wounds and hyperbaric oxygen therapy. It is the first hyperbaric facility on Long Island to be accredited and reaccredited by the Undersea & Hyperbaric Medical Society. Most wounds are healed within 12 weeks.

The Diabetes Education Program received reaccreditation from the American Association of Diabetes Educators. The program has been certified since 2009 by meeting all the standards for providing the highest quality education about diabetes prevention and how to manage diabetes.

A state-of-the-art cardiac CT scanner is now available at St. Joseph-St. Francis Imaging Services. Cardiac CT provides revolutionary ways to look at a patient's heart and pinpoint disease long before symptoms start. The scanner allows the physician to examine the health of the blood vessels around the heart, and results can be obtained the same day the test is administered.

The CHS Cancer Center at St. Joseph provides specialized, high-quality, individualized care to all patients on a designated unit in a hospital setting. Staffed by certified infusion/chemotherapy nurses and nurse practitioners, it has convenient morning to early evening hours. The six-chair unit provides patients in need of chemotherapy or infusion therapy with a calm atmosphere, privately, in comfort and close to home.

## Highlights

- 2017 Get With The Guidelines® (GWTG) Stroke Gold Plus Quality
   Achievement Award and Target: Stroke™ Honor Roll Elite recognition from
   the American Heart Association/American Stroke Association and Joint
   Commission certification as an Advanced Primary Stroke Center since 2016.
- 2017 GWTG AFIB Gold Achievement Award.
- 2017 Healthcare Association of New York State Pinnacle Award for Quality & Patient Safety.

- American College of Radiology accreditation for CT, MRI and nuclear medicine.
- Diabetes Education Center of Excellence, as recognized by the American Diabetes Association and the American Association of Diabetes Educators.
- St. Joseph's Center for Hyperbaric Medicine & Wound Healing is the first facility of its kind on Long Island to earn accreditation—and reaccreditation—from the Undersea & Hyperbaric Medical Society.
- St. Joseph's Sleep Center is accredited by the American Academy of Sleep Medicine.
- The Joint Commission Gold Seal of Approval®, signifying full accreditation by the nation's predominant standards-setting body in health care.
- NYS Coverdell Acute Stroke Registry Program's Top Performer Award (2017).

# Directory

Ambulatory Surgery Unit
Anesthesiology
<b>Balance/Foot/Vestibular Therapy</b> (516) 520-2276 Treatment for patients suffering from dizziness, vertigo, difficulty judging distance, foot disorders or a history of falling.
Blood Bank
Breast Health Services
Cardiology
Care Management/Social Work (516) 520-2460 Registered nurses and social workers employ a comprehensive, interdisciplinary approach to discharge planning.
Center for Hyperbaric Medicine & Wound Healing

nonhealing and poorly healing wounds. The center, which has extended hours to

accommodate patients' schedules, has a 90% overall healing rate.

Center for Speech, Swallow & Voice Disorders (516) 627-3036							
Comprehensive modalities for adults and children, with evaluation, diagnosis and treatment for speech, language, cognitive and swallowing disorders.							
CHS Cancer Center (Infusion) (516) 520-2300							
Community Relations							
<b>Computed Tomography (CT) Services (516) 520-2600</b> The department features a state-of-the-art, multislice CT scanner, with reports interpreted by a board certified radiologist.							
Critical Care Unit (516) 520-2411							
Development							
Diabetes Care Center/ Diabetes Club Support Group (516) 520-2214 Self-management skills and knowledge are offered to prevent complications and help patients with diabetes live a long and healthy life.							
Echocardiography (516) 520-2495							
<b>Emergency Department</b>							
Endoscopy Unit							
ENT (Otolaryngology) (516) 520-2387							
Family Medicine							
Gastroenterology (516) 520-2387							
Geriatrics							
Hearing & Speech Center (516) 520-2667							
Hospice							
Compassionate, interdisciplinary inpatient hospice care is provided, with certified hospice workers, registered nurses, nursing assistants, social workers and pastoral care staff.							

Catholic Health Services of Long Island					
Internal Medicine (516) 520-2387					
Laboratory (516) 520-2242					
Lithotripsy (516) 520-2387					
Lithotripsy uses sound waves that pass easily through the body but are strong enough to break up kidney stones.					
Mammography (516) 520-2600					
The Mammography Department is accredited by the American College of Radiology, with expert accredited radiologists and licensed technologists.					
MRI					
Neurology					
Nuclear Medicine (516) 520-2336					
Using the injection of radioisotopes, examinations such as bone scans and biliary					
scans are performed by a certified nuclear medicine technologist, with images interpreted by a board certified radiologist.					
Oncology (516) 520-2387					
Oral Surgery					
Orthopedics					
Pain Management (516) 520-2387					
Palliative Care					
Palliative care aims to alleviate symptoms for seriously ill patients and supports patients and their families during treatment. Palliative care can be initiated at					
any stage of illness, from diagnosis to advanced disease.					
Pastoral Care					
The spiritual needs of individuals of all denominations are addressed.					
Pathology (516) 520-2374					
Pharmacy					
Physical Therapy (516) 520-2278					
Rehabilitation is offered to patients experiencing neuromuscular, orthopedic or other disabilities.					
Physician Referral (516) 520-2500					
Access to the expertise of St. Joseph's physicians and broad range of hospital programs and services is available.					
programmo and our vices to available.					

Plastic & Reconstructive Surgery (516) 520-2387							
Podiatry							
Presurgical Testing							
Pulmonary Care (516) 520-2387							
Radiology							
Respiratory Care							
<b>Sleep Medicine Outpatient Center</b> (516) 520-2521 The Center for Sleep Medicine has six hotel-style patient testing rooms and offers the latest technology in diagnosing sleep disorders.							
Stepdown Unit							
Stroke Center							
The Stroke Unit, staffed by specially trained registered nurses, offers care to patients admitted with a diagnosis of stroke or stroke-like symptoms.							
Surgery							
Telemetry Unit							
Ultrasound							
Urology							
Vascular Laboratory							
Volunteer Services							
Wound Care (516) 520-2788							

Please call (516) 520-2500 for the latest information on services.



4295 Hempstead Turnpike Bethpage, NY 11714 (516) 520-2500

stjosephhospital.chsli.org



# Catholic Home Care

For more than 100 years, Catholic Home Care has been delivering care to people in their homes, across Long Island. Founded by the Congregation of the Infant Jesus, the sisters have provided care to the sick and dying without regard to a person's religion, race, gender or economic status. Today, the team of professionals carry on the tradition of caring for people in their homes. Despite the developments that have occurred over the years, the original commitment remains the same—from the moment the staff enter a home until the last contact with that patient, personnel will endeavor to offer the most comprehensive and compassionate health care available.

Catholic Home Care manages home care services for approximately 2,700 patients daily across Long Island. Specialized services include skilled nursing care, physical and occupational therapies, medical social work, maternal-child and pediatric services, home health aide assistance, nutritional counseling, pastoral care, infusion services, telehealth, palliative care, wound care and behavioral health services.

In addition, as a mission-based organization, Catholic Home Care sponsors efforts such as blood drives throughout the year to help meet emergency demands. The agency also supports the CHS Healthy Sundays outreach program, with dedicated staff members donating their time and expertise to provide free health screenings, immunizations and other services to medically underserved members of the community.

## Fully Certified:

Medicare and Medicaid Certified, NYS Department of Health Accredited by The Joint Commission



110 Bi-County Boulevard, Farmingdale, NY 11735

(631) 465-6830

(516) 586-1421

(718) 484-1415

catholichomecare.chsli.org

# Good Samaritan Nursing Home



Located just a block from the Great South Bay in Sayville, the 100-bed Good Samaritan Nursing Home has been part of Good Samaritan Hospital Medical Center since 1980. The residents of the nursing home are a medically complex population requiring the full-time care only a skilled nursing facility can provide.

The nursing home's size allows for personal attention to individual needs. All team members are easily reached by residents and families. Even the head chef knows each resident and the specific nutritional requirements and/or preferences. Every effort is made by the experienced dietary staff to provide customized entrées and nutritional snacks, never losing sight of the social significance of sharing a meal with another person. A variety of food accompanies enjoyable recreational programs.

The location of the facility is uniquely beautiful. Good Samaritan Nursing Home is situated in a lovely, residential area of Sayville, within a one-block walking distance of the bay. Residents frequently enjoy picnic lunches at the seashore during the summer months.

The spiritual needs of residents are very important to the staff. A full-time chaplain, the availability of a priest and a lively corps of pastoral care volunteers provide daily support to enhance a living faith for all denominations. This includes the prayerful presence of staff for the benefit of residents and family members during times of crisis, particularly end-of-life care and death.

Good Samaritan Nursing Home is fortunate to have the services of the Good Shepherd Hospice program available to residents who are terminally ill. This assists family members and enables palliative support to continue in a professional environment.

Specialized programs include personalized attention, physical, occupational and speech therapy, fall safety, wound care (with a certified wound care doctor), recreational therapy (with an ADA-equipped transport bus), psychological services, dental services and interfaith spiritual services. Good Samaritan Nursing Home has been awarded five stars for quality measures by the Centers for Medicare & Medicaid Services (January 2018).

### Services Include:

- 24-Hour Nursing Care
- · Cancer Care
- Caregivers Support Groups
- Diabetes Management
- Full-Time Medical Staff
- Occupational Therapy
- Orthotic/Prosthetic Service
- Physical Therapy
- Postsurgical/Medically Complex Care
- Psychiatrist

- Psychologist
- Pulmonary Disease Management
- Resident and Family Counseling
- Social Services
- · Speech Therapy
- Stroke Rehabilitation Care
- · Tracheostomy Care
- Vascular Disease Management
- Wound Care Program (Managed by Certified Wound Specialists)

## **Fully Certified:**

Medicare and Medicaid New York State Health Facilities Association Accredited by The Joint Commission Licensed, NYS Department of Health



101 Elm Street, Sayville, NY 11782 (631) 244-2400 goodsamaritannursinghome.chsli.org

# Good Shepherd Hospice



Good Shepherd Hospice was created in 2001 with the merger of Good Samaritan, St. Charles and Mercy hospice services and represents a combined 50 years of experience serving the community. Its purpose is to offer quality of life by enhancing health care at the end of life for individuals and their families across Long Island, while educating the

community on the philosophy of hospice services.

There is a commitment to facilitate earlier referrals to hospice services so patients and their families can be supported as they make decisions regarding care. Through its community outreach programs, Good Shepherd Hospice continues to inform both the public and professionals in an attempt to eliminate barriers to hospice care and further develop connections in the community. Good Shepherd Hospice is Medicare-certified and operates under the Conditions of Participation for Hospice Care. Hospice care is also covered under most private insurance plans, as well as Medicaid.

A patient is eligible for hospice services if his or her physician and the hospice medical director certify that the patient has a life expectancy of less than six months if the disease runs its normal course. While enrolled in hospice, the patient is not receiving curative treatment.

#### **Services Include:**

- Medical and Nursing Management of Physical Symptoms
- Bereavement Counseling
- · Counseling Services
- Delivery of Prescription Drugs for Pain and Symptom Management and Comfort
- Dietary Consultation
- Home Health Aide Assistance
- · Medical Supplies, Equipment and Laboratory Services
- · Pastoral Care
- Physical Therapy Services

- Registered Nurse and Physician On Call 24/7
- Short-Term Inpatient Admission for Symptom Management and Respite
- Special Bereavement Offerings for Children

## Hospitalization and Short-Term Care for Inpatients

Hospice is an approach toward care, not a specific place. Although hospice services may be offered in a hospital, inpatient center, skilled nursing facility or an assisted living residence, care is most often given in the patient's or family member's home. There are many factors to consider when making the decision to have a loved one hospitalized. When a hospice patient is receiving care in a hospital setting, the goal is to effectively manage the patient's symptoms and maximize the quality of life. Once the patient's symptoms are effectively managed and the physician feels the patient no longer needs to be hospitalized, the hospice social worker will partner with the patient and his or her family on a discharge plan. The social worker and nurse will be available to discuss possible care options for the patient. Each situation is unique, and every discharge plan is individualized.



#### Administrative and Clinical Offices

110 Bi-County Boulevard, Farmingdale, NY 11735

Clinical Office: (631) 465-6300

Central Access/Referral: (631) 465-6363 or (516) 586-1420

## Good Shepherd Hospice Inpatient Center

(adjacent to St. Charles Hospital)

200 Belle Terre Road, Port Jefferson, NY 11777 General: (631) 642-4200

goodshepherdhospice.chsli.org



Making a Difference Every Day - Then and Now

# Maryhaven Center of Hope

Maryhaven Center of Hope owes its existence to a small community of nuns from France known as the Daughters of Wisdom. In 1907, the Daughters of Wisdom established their first school in Port Jefferson. The sisters created the Wharton Memorial Institute for children with disabilities, with funds bequeathed by William Wharton. The building was blessed by the Right Reverend Thomas E. Molloy on July 20, 1930. In 1961, the school was renamed Maryhaven to better reflect the scope and purpose of a progressive educational environment.

Today, as one of the largest and most innovative multiservice agencies on Long Island, Maryhaven supports approximately 2,600 individuals who may be autistic and/or intellectually disabled or in need of psychiatric or alcohol/substance abuse services. Through programs and services that focus on the potential—not limitations—of people with special needs, Maryhaven is able to build confidence, improve self-esteem and encourage community integration. The staff, educators and caregivers honor the agency's distinctive history, while continuing to provide the kind of assistance, leadership and opportunities that have been helping people overcome challenges for more than 85 years.

Home and Community-Based Services (HCBS): Located in both Nassau and Suffolk counties, HCBS combines recovery-oriented activities with structured skill development to assist each person in managing his or her disability and restore the skills and supports necessary to live in the community. These services are time-limited, goal-focused and recovery-oriented and can be accessed by an individual at various points during the recovery process.

**Integrated Business Center:** Maryhaven's Business Center provides an integrated community environment where individuals with disabilities work side by side with non-disabled persons to provide packaging and assembly outsourcing and document imaging services to companies in the New York metropolitan area. The goal of the Business Center is to provide a vehicle for those with disabilities to find a community-integrated job, earn a sustainable wage and become fully contributing members of society.

**Person-Centered Planning and Projects:** Planning from a person-centered perspective is an endeavor to listen to, discover and understand the individual. It is a process directed by the person that helps staff to learn how the individual wants to live and describes what supports are needed to help him or her move toward a meaningful and productive life.

# For information on the following Suffolk County services, please call (631) 474-4120:

Caring for Children: At Maryhaven, children have the opportunity to achieve their potential and become participating members of the community. Central to this mission is the Maryhaven School & Residential Program (inclusive of three children's homes and four dormitory-style residences). Situated in the seaside village of Port Jefferson, it is a supportive and caring environment that cultivates positive behavioral choices and social interaction. With certified educators and caring professionals, it offers a full scope of educational and residential options, including clinical, medical, dietary, social services coordination and admission/discharge planning to help children live and learn fully.

Caring for Adults: Maryhaven has more than 30 adult homes, 17 leased apartments and a 4-bed training house in Suffolk County, offering adults (21 and older) with intellectual disabilities/autism an opportunity to live in the community and enjoy its resources, while receiving individualized support and assistance with life management.

A service plan is developed for each person, focusing on his/her life goals and areas for growth and development. Residential and clinical staff provide supervision and support for individuals in an enriched environment and a setting they can call home. One of the agency's group homes, Angel Guardian, provides around-the-clock nursing care for people who are medically fragile. Individuals live in the least restrictive residential setting that will meet their direct care needs and appropriate level of support.

Vocational/Placement Programs: Vocational evaluations, vocational counseling and training assist adults in learning the skills necessary to participate in Long Island's workforce. Through training in social/communication skills and work habits, the goal of the program is for each participant to obtain employment within a range of community-based options or in one of Maryhaven's own work centers. These work centers provide opportunities in document imaging, microfilming, packaging/assembly and hydroponic farming, among others. Some individuals, with supervision, are able to function in the outside labor force. If additional help is required at the outset of a new job, a Maryhaven job coach provides step-by-step training, accompanying that person to offer support until the job is mastered.

Day Habilitation Programs: More than 15 day habilitation programs serve people with intellectual and psychiatric disabilities. Each "day hab" focuses on the individual's needs and preferences, such as culinary arts, autism spectrum needs and performing arts, to name a few. These programs teach skills for daily living, offering clinical support to reduce behavioral difficulties and providing rehabilitative support to allow individuals to maintain a productive life in the community.

**Care Management:** This is a person-centered approach toward empowering participants, enabling them to be independent in their daily activities. Advocacy, service linkage and service coordination are primary functions provided to individuals and their families.

Weekend Recreational Respite: Located at Maryhaven's Yaphank facility, the program operates on Saturdays from 10:00 am to 2:00 pm. Families and/or other caregivers living with and caring for those with disabilities face a multitude of challenges. The program affords opportunities for therapeutic recreation and provides respite for caregivers' families.

Mental Health Concerns/Substance Abuse: Personalized Recovery Oriented Services (PROS/Steps to Life) in Suffolk County, offered in Yaphank and Riverhead, are certified programs that provide clinical support, day services and service coordination to assist individuals recovering from mental illness or co-occurring disability in developing and attaining goals for themselves in the following areas: vocational, educational, social and residential.

Affordable Senior Housing: Wisdom Gardens is a first-of-its-kind housing initiative, aimed at providing affordable housing to both senior citizens and individuals with intellectual disabilities. The complex, located on Terryville Road in Port Jefferson Station, includes 40 affordable senior housing apartments, with 6 apartments reserved for intellectually disabled individuals and a community center to serve the residents.

For information on the following Nassau County services, please call (631) 474-4120:

**Personalized Recovery Oriented Services (PROS):** This program is committed to assisting individuals recovering from the disabling effects of serious mental health concerns through coordinated delivery of an individualized array of rehabilitation, treatment and support services.

**Senior Network & Drop-In Center (Day Programs):** This grant-funded, Office of Mental Health (OMH) recreation and socialization program is for individuals age 55 and over who have been diagnosed with mental illness. This is the only one of its kind in Nassau County.

Office of Alcohol & Substance Abuse Services (OASAS) Residences: Three facilities focus on meeting the needs of individuals with substance abuse. New Hope is a crisis center that accepts outpatient, inpatient and residential referrals for individuals battling substance abuse addiction; it is *not* a detox center. Mercy Hall and Recovery House focus on personal recovery, counseling, vocational evaluation, education and training, housing potential and sometimes reunification with family.

Office of Mental Health Residences: There are 3 OMH group homes and a supported housing program consisting of 12 apartments. One of the group homes serves as a transitional residence for higher functioning individuals with a psychiatric background. The other two are for individuals with dual MI/MR diagnosis. The supportive apartment program serves individuals who are more independent and is designed to offer permanent housing to those who no longer require daily or weekly supervision.



#### Administrative Offices

51 Terryville Road, Port Jefferson Station, NY 11776 (631) 474-4120 maryhaven.chsli.org

# Our Lady of Consolation Nursing & Rehabilitative Care Center



A 450-bed facility located in view of the Great South Bay in West Islip, Our Lady of Consolation Nursing & Rehabilitative Care Center—which was established in 1894 by the Sisters of St. Dominic—offers a comprehensive array of services and programs designed for adults and geriatric patients.

Skilled nursing care at the facility includes geriatric care, rehabilitative

care and medically complex care. In addition, onsite, 24/7 respiratory therapists are available, as well as full-time, onsite, specially trained medical staff.

Our Lady of Consolation offers residential care to short-term and long-term residents. Nursing care features an interdisciplinary approach to optimize the quality of care received by residents. Specialized programs result in positive clinical outcomes, in addition to enriching each resident's quality of life. These goals are achieved by residents' families working together with the staff.

Services include sub-acute rehabilitation, pain management, tracheostomy, respiratory and parenteral care, nursing rehabilitation, wound care and dementia-focused attention. There is also an active pastoral care program, comprising staff and trained volunteers who work closely with the clinical team. Our Lady of Consolation is fortunate to have the services of the Good Shepherd Hospice program available to residents who are terminally ill. This helps to assist family members and enables palliative support to continue in a professional environment.

A very active, person-centered recreational program is coordinated by a team of therapists. They facilitate various activities, trips and celebrations to enhance residents' social and emotional life. Our Lady of Consolation has been awarded five stars for quality measures by the Centers for Medicare & Medicaid Services (January 2018). Also, the facility was named a New York State Department of Health (NYSDOH) Top-Performing Nursing Home in New York (2017) and in early 2018 achieved a deficiency-free NYSDOH survey.

## Fully Certified:

Medicare and Medicaid Accredited by The Joint Commission Licensed, NYS Department of Health



111 Beach Drive, West Islip, NY 11795 (631) 587-1600 olc.chsli.org

# St. Catherine of Siena Nursing & Rehabilitation Care Center



St. Catherine of Siena Nursing & Rehabilitation Care Center has been serving Smithtown and its surrounding communities since 2000. It is a 240-bed, hospital-based, skilled nursing facility providing sub-acute, short-term rehabilitation and long-term care. St. Catherine of Siena provides quality, patient-centered care in an environment that offers all the comforts of home,

including a lovely garden, as well as amenities such as free TV, telephone and Wi-Fi, an onsite salon and an auditorium.

The expanded rehabilitation department is open 7 days a week and is staffed with 25 licensed, professional specialists in physical, occupational and speech-language pathology. The staff offers quality, state-of-the-art rehabilitation programs and modalities, to ensure patients' transition into their homes and communities at their optimal level of physical functioning. In addition, specialized programs in cardiac recovery, stroke rehabilitation, wound care, pain management, amputee care and orthopedics are offered, to better assist patients with a wide variety of health management challenges.

St. Catherine of Siena Nursing & Rehabilitation Care Center earned a five-star overall rating and also five stars for quality measures by the Centers for Medicare & Medicaid Services (January 2018). It also won the 2017 CHS Pinnacle Award for Quality & Patient Safety and was invited to present at the New York Association for Healthcare Quality's spring 2017 conference after having achieved a deficiency-free NYSDOH survey.

#### Services Include:

- 24-Hour Nursing Care and Dedicated Wound Care Nurses
- · Admission and Discharge Counseling
- Beauty Salon
- Culinary Chefs and Geriatric Certified Dietitians
- Dental and Podiatry Services
- Diabetes Management

- Free Cable, Telephone, Wi-Fi
- Geriatric Social Workers
- Hospice and Palliative Care
- Intravenous (IV) Therapy
- Onsite Dialysis Care Center
- Onsite Laboratory and X-Ray Services
- Pastoral Care, All Faiths
- Patient-Centered Care Approach
- · Postsurgical Care
- Therapeutic Recreation Programs

## **Fully Certified:**

Medicare and Medicaid Licensed, NYS Department of Health



52 Route 25A, Smithtown, NY 11787 (631) 862-3900 stcatherinenursingandrehab.chsli.org

# Gianna Center of Long Island for Women's Health & Fertility

CHS's highly skilled team is now offering an exciting approach to women's health care. The Gianna Center of Long Island for Women's Health & Fertility provides preventive and specialized obstetrical and gynecologic care to women, honoring their dignity and the sanctity of human life. While the facility is successfully able to address



male infertility as well, the staff are uniquely qualified to care for women of all ages and at all stages of life.

Named after St. Gianna Beretta Molla, the Gianna Center features two unique women's health services—the Creighton Model Fertility *Care™* System and NaProTECHNOLOGY™, both of which allow the team to provide women with a natural, restorative, scientifically based approach to improving health and respecting fertility.

The center's purpose is simple—to acknowledge dignity and to provide women with exceptional medical care. Treatments are holistic and include nutritional, sleep-related, weight-related, endocrinological, behavioral, spiritual and medical components.

#### Gianna Center Services

- Infertility
- Recurrent miscarriage
- Menstrual cramps
- Premenstrual syndrome (PMS)
- Ovarian cysts
- Irregular or abnormal bleeding
- · Polycystic ovarian disease

- Postpartum depression
- Hormonal abnormalities
- Health during menopause
- Pelvic pain
- Endometriosis
- Male infertility
- Other women's health problems

Please be advised that this practice does not provide abortions, sterilizations, contraceptives, artificial reproductive technologies or assisted suicide, nor does it refer for these services.



661 Deer Park Avenue, Babylon, NY 11702 (631) 376-3232

www.chsli.org/gianna-center-long-island

# **Pregnancy Support Services**



To assist with an unexpected or crisis pregnancy, a one-call outreach program via 1 (855) 301-4CHS was established in collaboration with Catholic Charities. Services are provided to uphold the unborn baby's right to life and help sustain mother and baby following birth. Trained professionals offer expectant mothers encouragement and practical support, with all conversations confidential and following HIPAA guidelines. Referrals to medical appointments can be scheduled and transportation arranged. For social or immediate material assistance, the navigator can provide information or connect callers with

local agencies. Women and families in distress receive the respect and care they need to bring their baby safely to term.

#### Family-Centered Perinatal Program

This one-call outreach also assists expectant parents coping with a prenatal diagnosis of a life-limiting illness such as anencephaly, severe chromosomal anomalies, inoperable cardiac abnormalities or Potter's syndrome. Through Gabriel's Courage, obstetricians, registered nurses, social workers, chaplains, child life specialists and bereavement specialists offer compassionate support, education and birth planning services, reaffirming the precious life of this special infant.

## Project Rachel

In addition, post-abortion healing resources are offered for those in need, providing the opportunity to experience the loving mercy of God in a safe and sacred space, without judgment, and information is kept strictly confidential. To learn more, please visit respectlife.drvc.org.

## Support at a Difficult Time

Counselors are available to meet with women individually, in person or over the phone. This outreach enables women, couples and families to respond with courage to what may be their life's most difficult moments. While offered from the Catholic tradition, the one-call outreach program is intended to serve individuals from any walk of life.

The confidential, dedicated telephone number for this collaborative program is 1 (855) 301-4CHS (4247), supported by multilingual interpretive services. Anyone of any faith may call or refer to this support line, including representatives of parishes, colleges and crisis pregnancy centers. To speak to someone about pregnancy options outside of office hours or on the weekend, please call 1 (800) 712-HELP (4357).



Confidential assistance: 1 (855) 301-4CHS (4247) After hours/weekends: 1 (800) 712-HELP (4357) www.chsli.org/pregnancy-support-services

# Notes

