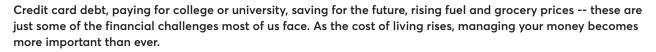


## Financial stress? Dealing with debt?

How LifeWorks Can Help



If you're in need of support to help you get back on track with your finances, contact LifeWorks any time, 24/7, to speak confidentially with a professional consultant. Whether you're seeking tips to improve spending habits, or information to help you set a budget, reduce debt, or save more, our financial specialists can provide you with the expert guidance and resources you need.

You can also log in any time to <u>login.lifeworks.com</u> to access a wealth of online articles and resources to help you manage your money. For instance:

• Access our eBook, Getting Out of Debt.

• Read articles, such as: Ten Steps to Take During Difficult Financial Times, Setting Up a Personal or

Household Budget, Quick Tips for Setting SMART Financial Goals, Ideas for Living Within Your Means,

Saving as a Way of Life, Financial Planning in your 20s and 30s, Couples and Money, Investment Basics.

Call us, toll-free, 24/7:	Password:	En español:	

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