

2025-2026 medical and dental premiums

VHC Health is investing in you. We're keeping premiums flat for VHC Health medical plans.

Your biweekly pre-tax premiums, deducted each pay period, are shown below.

COVERAGE LEVEL	FULL-TIME EMPLOYEES		PERMANENT PART-TIME (NON-SMOKER OR SMOKER)
	NON-SMOKER	SMOKER	
VHC HEALTH PPO HEALTH PLAN			
Employee only	\$140.54	\$161.62	\$281.08
Employee + child(ren)	\$298.29	\$343.03	\$596.58
Employee + spouse	\$347.22	\$399.30	\$694.44
Family	\$491.29	\$564.98	\$982.58
VHC HEALTH PPO2 HEALTH PLAN			
Employee only	\$76.65	\$88.15	\$153.30
Employee + child(ren)	\$209.50	\$240.93	\$419.00
Employee + spouse	\$232.49	\$267.36	\$464.98
Family	\$334.69	\$384.89	\$669.38
KAISER PERMANENTE SIGNATURE HMO HEALTH PLAN			
Employee only	\$152.00	\$174.80	\$304.00
Employee + child(ren)	\$322.56	\$370.94	\$626.28
Employee + spouse	\$375.47	\$431.79	\$750.94
Family	\$531.30	\$611.00	\$1,028.61
VHC HEALTH HDP (HIGH DEDUCTIBLE PLAN)			PPT, PT AND PRN
Employee only	\$54.93	\$63.17	\$73.39
Employee + child(ren)	\$82.02	\$94.32	\$164.04
Employee + spouse	\$97.13	\$111.70	\$194.26
Family	\$127.35	\$146.45	\$254.70

COVERAGE LEVEL		FULL-TIME & PERMANENT PART-TIME	
DENTAL PLAN			
Employee only			\$21.56
Employee + child(ren)			\$41.17
Employee + spouse			\$45.33
Family			\$76.12

**If your spouse is enrolled in a healthcare option, you may be subject to a monthly spousal privilege premium of \$300.00 (\$138.46/pay period)*