



# Menopause support anytime, anywhere

We know that menopause can sometimes feel isolating, but you're never alone with Maven. You have 24/7/365 dedicated support from providers who specialize in the menopause journey like OB-GYNs, pelvic floor physical therapists, mental health providers, and more. There's no long wait time either, with virtual appointments available in under 2 hours. And the best part? You and your partner have free access to Maven.



Early identification of menopausal symptoms and treatment guidance for chronic conditions



24/7 virtual access to providers specializing in menopause for coaching and second opinions



Dedicated Care Advocates providing hands-on support and navigation on and off of Maven



1:1 mental health support throughout your experience with menopause



Guided education & provider-moderated drop-in groups to connect with others on a similar journey



Activate your free Maven membership by scanning the QR code, downloading the Maven Clinic app, or visiting [mavenclinic.com/join/mm](https://mavenclinic.com/join/mm).

