MetLife

Submit your claim online.

✓ Get your claim reviewed faster.

✓ Upload supporting documents.

✓ View your claim status online.

3 Simple Steps

1 Login or setup an account by going to metlife.com/lifeclaims or scan the QR code below.
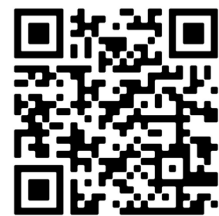
2 Complete the form online.

3 Upload pictures of supporting documents such as the death certificate.

Scan to file a claim online.

We're here to help

- For website help, click on the Customer Support tab or call 1-800-504-0746.
- For questions about your claim, contact us at 1-800-638-6420, Monday through Thursday, 8:00 AM to 8:00 PM Eastern Time, and Friday 8:00 AM to 5:00 PM.