

WHATEVER IT TAKES



We're problem-solving, frustration-fighting people on a mission to make your healthcare simpler.

From replacing ID cards to more complicated matters, like resolving an incorrect medical bill, no request is too big or small for your Quantum Health Care Coordinators.

Think of us as your personal team of nurses, benefits experts and claims specialists who will do whatever it takes to support your unique healthcare needs. We're your one resource to contact whenever you need help with your healthcare or benefits.

Empowered and resourceful, Care Coordinators do things like:

- Get answers to claims, billing and benefits questions
- Find in-network providers
- Verify coverage and get prior approval if needed
- Contact providers to coordinate your treatment
- Review your care options
- Replace ID cards

**WHATEVER IT TAKES TO
MAKE YOUR BENEFITS
WORK FOR YOU**

Sometimes we may call you – but we wouldn't call if it weren't important. We might call if:

- You could save on your out-of-pocket costs
- There is a concern with your prescriptions
- Insurance information is needed
- You qualify for a coaching program
- We need to follow up on a procedure or discharge



myseflbenefits.com

(855) 576-9984

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

