



**Spousal Surcharge:** If you are enrolling a spouse in medical coverage, is your spouse an employee of Catholic Health?  
*Leave blank if you are not enrolling your spouse in Medical.*

Yes  No

**Dental Coverage:** (dependent children are eligible for coverage until the end of the year in which they turn 26)

I wish to elect dental coverage.

**Core:**  Individual  Family

**Buy-Up:**  Individual  Family

**DHMO**<sup>1</sup>:  Individual  Family

I **do not** wish to elect dental coverage.

<sup>1</sup>Note: If you elect the DHMO plan, you must call Cigna or log into their website, [www.cigna.com](http://www.cigna.com), and choose a dentist for each person enrolled.

**Medical Coverage:** (dependent children are eligible for coverage until end of the year in which they turn 26)

I wish to elect medical coverage.

**Empire POS**<sup>2</sup>  Individual  Individual + 1  Family

**Empire EPO**<sup>2</sup>:  Individual  Individual + 1  Family

**Empire PPO**<sup>2</sup>:  Individual  Individual + 1  Family

**Empire Select**<sup>3</sup>:  Individual  Individual + 1  Family

I **do not** wish to elect medical coverage.

<sup>2</sup>If you enroll your spouse as a dependent under the Catholic Health Medical Plan (POS, EPO, or PPO options) and your spouse has access to medical coverage through his/her employer, the \$20 bi-weekly pre-tax spousal surcharge will be deducted from your paychecks.

<sup>3</sup>The **Select Plan** is **not** available to spouses who have access to benefits through their own employer.

**Davis Vision by MetLife Enhanced Vision Coverage:**

(Dependent children are eligible for coverage until the end of the year in which they turn 26)

I wish to elect Davis Vision by MetLife Enhanced Vision coverage.

Individual  Individual + 1  Family

I **do not** wish to elect Davis Vision by MetLife Enhanced Vision coverage.

**Flexible Spending Account (FSA):**

You may newly enroll in an FSA due to your QSC. If you are currently enrolled, you may also increase your annual contribution (within the maximums), decrease your annual contribution (cannot be less than what you've contributed year-to-date), or stop contributing towards the Healthcare and/or Childcare Pre-Tax FSA.

**Health Care FSA:**

New Enrollment \_\_\_\_\_ Change \_\_\_\_\_ Drop \_\_\_\_\_

Health Care FSA allows you to pay for medical, dental and prescription drugs expenses for you and your dependents with pre-tax dollars.

Some eligible expenses include:

- Co-pays, co-insurance and deductibles
- Prescription drugs
- Eye exams
- Dental exams
- Physical exams and medical screenings
- Hospital Bills

I would like to deduct the following amount annually to be used towards my Health Care FSA: \$ \_\_\_\_\_

(maximum annual limit of \$3,200)

**Childcare Pre-Tax Savings Flexible Spending Account:** New Enrollment \_\_\_\_\_ Change \_\_\_\_\_ Drop \_\_\_\_\_

The Childcare Pre-Tax Savings FSA allows you to pay for dependent care with pre-tax dollars. Dependents are defined as children under 13 years of age, or dependents who are physically or mentally unable to care for themselves. **Children are eligible up to their 13<sup>th</sup> birthday.**

Some eligible expenses include:

- Local day camp
- Before-care and after-school childcare
- Preschool

I would like to deduct the following amount annually to be used towards my Childcare FSA: \$ \_\_\_\_\_

(maximum annual limit of \$5,000 if filing jointly; \$2,500 if filing single)

**Long Term Disability (LTD) Insurance Coverage:**

- I wish to elect LTD Insurance coverage.
- I **do not** wish to elect LTD Insurance coverage.

**Supplemental Employee Life Insurance:**

- I wish to elect Supplemental Life Insurance.  
(per annual base salary)  
 1x  2x  3x  4x  5x  6x
- I **do not** wish to elect Supplemental Life Insurance.

**Dependent Life Insurance for Spouse:**

- I wish to elect Dependent Life Insurance for my spouse.  
Spouse Name: \_\_\_\_\_  
 \$5,000  \$20,000  \$50,000  \$100,000  \$150,000

- I **do not** wish to elect Dependent Life Insurance for my spouse.

**Dependent Life Insurance for Child(ren):**

- I wish to elect Dependent Life Insurance for child(ren)<sup>5</sup>.  
 \$4,000  \$10,000
- I **do not** wish to elect Dependent Life Insurance for my child(ren).

**Supplemental Short Term Disability (STD) Insurance**

**Coverage:** Provides additional income replacement, beyond the NYS Disability Plan, in the event you are unable to work due to a non-work related illness or injury.

- I wish to elect Short Term Disability Insurance coverage.  
 \$100  \$200
- I **do not** wish to elect Short Term Disability Insurance.

Please note: If you enroll in Supplemental Employee Life Insurance and/or Dependent Life Insurance for Spouse, Proof of good health may be required.

If both you and your spouse are benefit-eligible employees of Catholic Health (CH), you may not elect Spouse Life Insurance for one another. Children of two benefit-eligible CH employees may only be covered under Child Life Insurance by one parent.

<sup>5</sup> Unmarried dependent children are eligible until the end of the year in which they turn age 26.

**Please Note: The Catholic Health Plan, including the Health Care FSA does not cover expenses for procedures or items that violate the ethical directives of the Roman Catholic Church.**

**Employee Authorization and Acknowledgment**

I declare that the information given above is true and complete to the best of my knowledge and that I am actively at work on the date of enrollment. I acknowledge that by signing and submitting this form, I authorize my employer to make the necessary payroll deductions to pay for my elected benefits. If I do not enroll in the health care programs at this time, I understand that I may enroll in the future only if I experience a Qualified Status Change or during the next Annual Enrollment Period. I also understand that if I waive participation in any of the above insurance options, no benefits can be paid for expenses that my dependents or I incur during the year. I understand further that, except with respect to any health care FSA and dependent care FSA elections I have made, and subject to my submission of any required dependent documentation, if I do not make a new election during the next Annual Enrollment Period, the above will continue in effect until changed by making a new election during a subsequent Annual Enrollment Period or until changed incident to a Qualified Status Change, and I hereby agree to any increases in my salary reduction in any subsequent periods of coverage to pay for any increases in the cost of coverage in such period(s).

Employee's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please return ALL three pages to [MyHR@CHSLI.org](mailto:MyHR@CHSLI.org)  
Questions? Call MyHR at 516-705-MyHR (6947)