

# Welcome to healthcare designed to treat you better.

Included Health is an all-new way to get the care you need, the way you want—all virtually, from a single app. For colds, coughs, anxiety, and everything in between, we're here to help.

## For all things healthcare, start with Included Health.



See a dedicated primary care doctor for annual screenings, treatment for a chronic condition like diabetes, and more.



See a licensed therapist online for mental health support when you need it.



See a board-certified psychiatrist for medication management, new diagnoses, and more.



Get prescriptions sent to the local pharmacy of your choice.



Connect virtually anywhere, anytime in minutes with a doctor from your phone or computer.

### How do I get started?

- 1. Download the Included Health app.
- 2. Activate your account or log in.
- 3. Get the healthcare help you need.

### Who can use Included Health?

Included Health is available to all Amedisys team member and caregivers and their dependents covered on the corporate health plan.



# Activate your account.

includedhealth.com/amedisys 1-855-429-7330

