

Maven's Support for Mental Health

Maven provides virtual care for starting and raising a family. We built mental health support into the heart of our platform, creating a new standard of care for new and prospective parents everywhere.



Through Maven, you can access:

- ✓ **On-demand virtual appointments** with licensed mental health providers, including experts specializing in areas such as prenatal and postpartum depression, anxiety, loss, grief, and more
- ✓ **1:1 Emotional support** from Care Advocates and from other parents through community forums

Meet your dedicated Care Team.

We're here to support you for anything you need. On Maven, you'll get healthcare the way it should be.

Kaitlyn
Your Maven Care Advocate
Your personal healthcare concierge

- Jackie Stone**
OB/GYN
- Melissa Hochbaum Strauss**
Nutritionist
- Cynthia Coffelt**
Mental Health
- Mary Beth Ferrante**

- ✓ **Screenings for mental health issues** during pregnancy and postpartum with personalized care delivery and frequent follow-up
- ✓ **Access to expert, curated content** including webinars and articles

Your Maven membership is covered by your employer. Enroll today for unlimited access to on-demand providers and a supportive community for new and prospective parents.

[Activate your membership](#)