1) Log in to the Aetna Member Website at www.aetna.com and click on "Health & Wellness"



2) Click on "Access Wellness" under "Stay Healthy"



3) Click on "Complete A Health Assessment" under "Access Your Health Dashboard"



4) Click on "Launch My Health Assessment"



- 5) The "Launch My Health Assessment" will take you to the Virgin Pulse landing page.Once there, you will need to accept the terms and conditions if this is your first time.
- 6) Select "Health"



7) Click on "Start the Survey"

♥aetna	Health Assessment						
	Introduction	Everyday You	5 Energy & You	Your Body & You	Additional Questions	Results	
	Welcome!						
	Here's how it works: Take a quick survey Receive a health summary						
		ð	See now you	u're doing in key ar	eas		
		-, Note:	this survev is no	t intended to be a		-	
			STAR	T THE SURVEY			