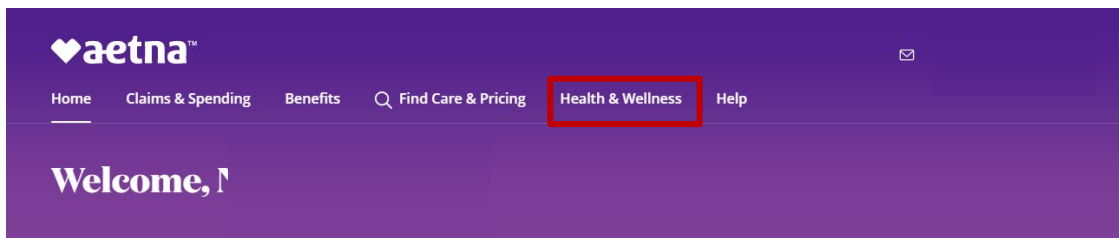
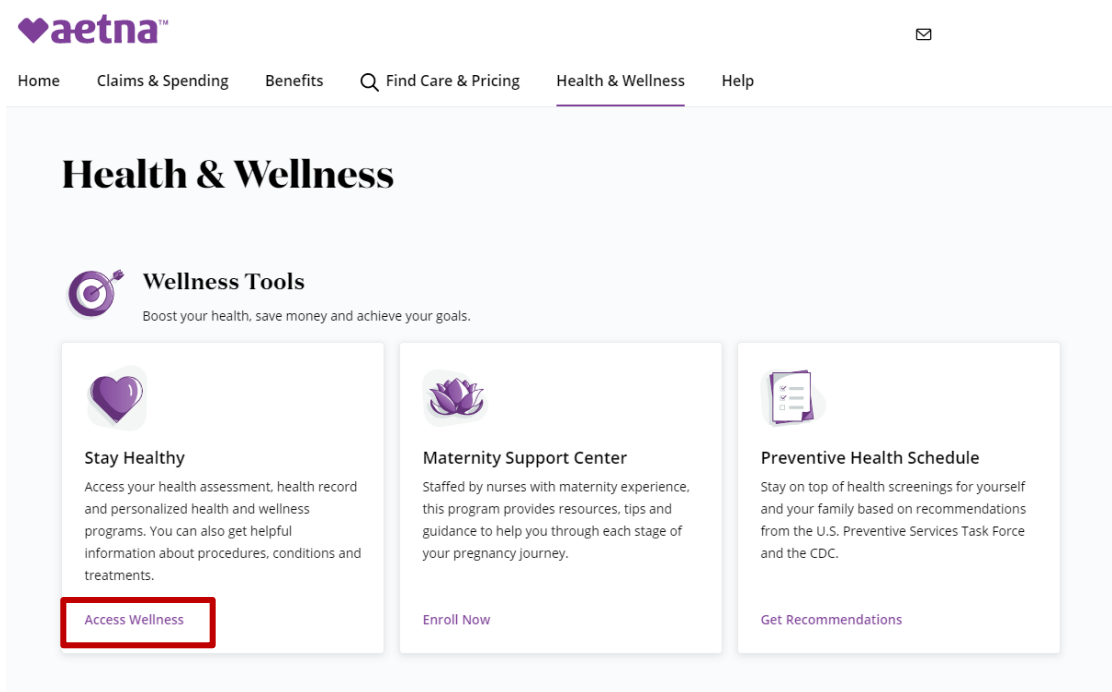


How to Access the Health Assessment

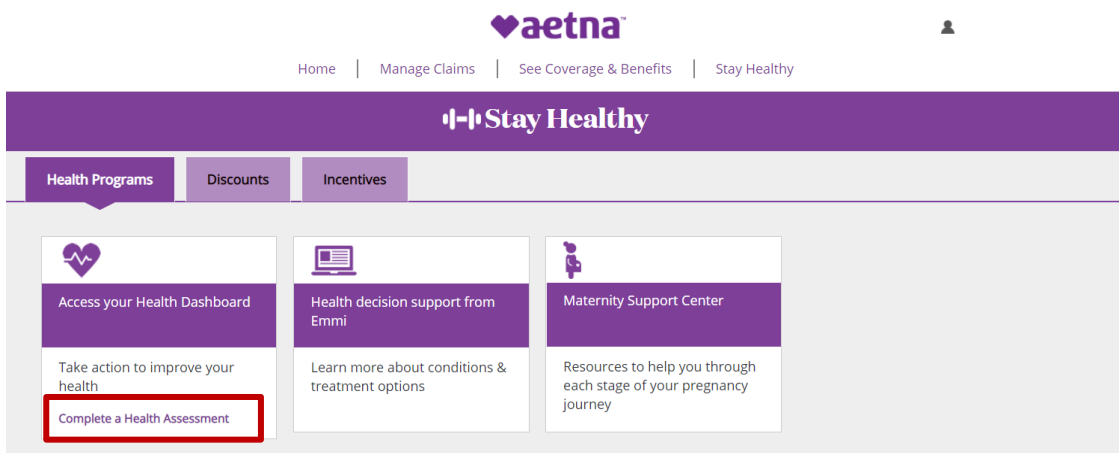
- 1) Log in to the Aetna Member Website at www.aetna.com and click on “Health & Wellness”



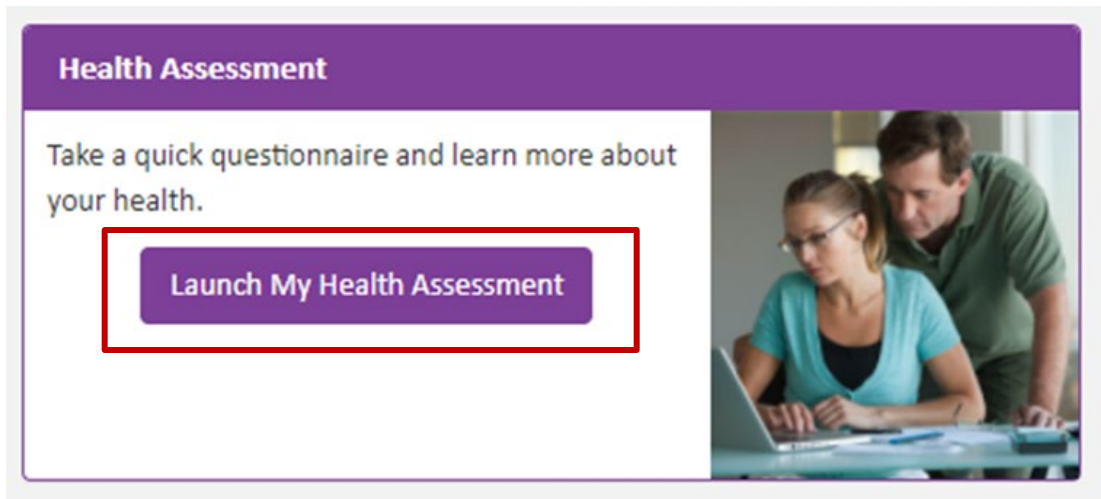
- 2) Click on “Access Wellness” under “Stay Healthy”



- 3) Click on “Complete A Health Assessment” under “Access Your Health Dashboard”

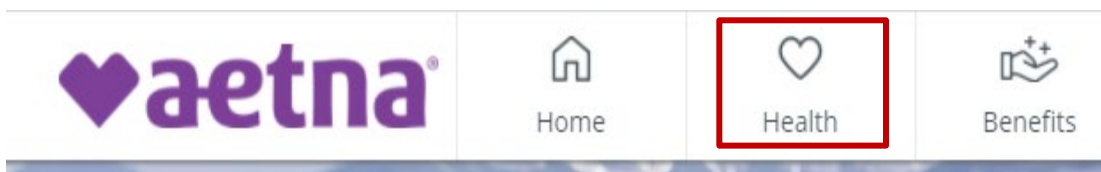


- 4) Click on “Launch My Health Assessment”



- 5) The “Launch My Health Assessment” will take you to the Virgin Pulse landing page.
Once there, you will need to accept the terms and conditions if this is your first time.

- 6) Select “Health”



- 7) Click on “Start the Survey”

